

Chapter 5:

High School Counselor Directory

Minnesota high school counselors are listed alphabetically by school name. Contact information is provided for each school and counselor.

Academy of Holy Angels

6600 Nicollet Ave
Richfield, MN 55423-2498
612 798-2600
612 798-2610 fax
www.ahastars.org

Counselor(s):

Ann Kjorstad, College and Career Counselor
akjorstad@academyofholyangels.org
Stephanie Mitchals, General Counselor
smitchals@academyofholyangels.org
Brian Parlet, Department Chair, General Counseling
bparlet@academyofholyangels.org
Tina Proctor, College and Career Counselor
tproctor@academyofholyangels.org
Margaret Winter, Learning Variations Coordinator
mwinter@academyofholyangels.org

Ada-Borup High School

604 Thorpe Ave W
Ada, MN 56510
218 784-5300
218 784-3475 fax
www.ada.k12.mn.us

Counselor(s):

Jessie McClaflyn
jessiem@ada.k12.mn.us

Adrian High School

415 Kentucky Ave, Box 40
Adrian, MN 56110-0040
507 483-2232
507 483-2375 fax
www.adrianschool.net

Counselor(s):

Tanya Krueger, School Psychologist
tanya.krueger@adrianschool.com

AGAPE-St. Paul Public Schools

1919 University Ave W, Suite 400
St. Paul, MN 55104
651 228-7746
651 293-5360 fax
www.agape.spps.org

Counselor(s):

Mary M. Gannon, x415
mary.gannon@spps.org

Aitkin High School

306 2nd St NW
Aitkin, MN 56431-1289
218 927-2115
218 927-2630 fax
www.aitkin.k12.mn.us

Counselor(s):

Nicole C. Doyle, x409
ndoyle@aitkin.k12.mn.us

Albany High School

30 Forest Ave, Box 330
Albany, MN 56307
320 845-2171
320 845-2179 fax
www.albany.k12.mn.us

Counselor(s):

Amy Hansen (L-Z) x5311
ahansen@mail.albany.k12.mn.us
Jessica Savolainen (A-K) x5302
jsavolainen@mail.albany.k12.mn.us

Albert Lea High School

2000 Tiger Ln
Albert Lea, MN 56007
507 379-5354
507 379-5498 fax
hs.albertlea.k12.mn.us

Counselor(s):

Rod Johnson, Counselor
rjohnson@albertlea.k12.mn.us
James Quiram
jquiram@albertlea.k12.mn.us
Mary Williams, Dean of Students
mwilliam@albertlea.k12.mn.us

Albrook High School

7427 Seville Rd
Saginaw, MN 55779-0128
218 729-8322
218 729-8808 fax

Counselor(s):

David Erickson
derickson@isd2142.k12.mn.us

Alden-Conger High School

215 N Broadway, Box 99
Alden, MN 56009
507 874-3240
507 874-2747 fax

Counselor(s):

Amy Wallin
awallin@aldenconger.k12.mn.us

Annandale High School

855 Hemlock St, Box 190
Annandale, MN 55302
320 274-5820
320 274-2316 fax
www.annandale.k12.mn.us

Counselor(s):

Jim Lipsiea
jlipsiea@annandale.k12.mn.us

Anoka High School

3939 N 7th Ave
Anoka, MN 55303-1299
763 506-6200
763 506-6203 fax
anokahs.anoka.k12.mn.us
Counselor(s):
Amy Gardner
amy.gardner@anoka.k12.mn.us
Debora Marquette
debbie.marquette@anoka.k12.mn.us
Kim Nelson
kimr.nelson@anoka.k12.mn.us
Jennifer Severson
jennifer.severson@anoka.k12.mn.us
Barry Terrass
barry.terrass@anoka.k12.mn.us

Apollo High School

1000 44th Ave N
St. Cloud, MN 56303
320 253-1600
320 529-4310 fax
www.isd742.org
Counselor(s):
Rick Larson, x2020
richard.larson@isd742.org
Toni MacLeod, x2018
toni.macleod@isd742.org
Mary Neumann, x2016
mary.neumann@isd742.org

Apple Valley High School

14450 Hayes Rd
Apple Valley, MN 55124-6796
952 431-8200
952 431-8747 fax
www.district196.org/avhs
Counselor(s):
Ellen Cantrill
ellen.cantrill@district196.org
Todd Poepard
todd.poepard@district196.org
Lisa Schmidt
lisa.schmidt@district196.org
Kedar Witte
kedar.witte@district196.org

Arlington High School

1495 Rice St
St. Paul, MN 55117
651 487-7325
651 487-7326 fax
www.arlington.spps.org
Counselor(s):
Andrea Dickinson, bio-engineering
technology, 651 487-7336
andrea.dickinson@spps.org
Bee Her, bio-business and marketing
651 487-7352
bee.her@spps.org
Rosemary Piekarski, Career Resource
Center, 651 487-7377
rosemary.piekarski@spps.org
Lorlee Sanchez, bio-health sciences
651 487-7391
lorlee.sanches@spps.org

ARTech Charter School

1719 Cannon Rd
Northfield, MN 55057
507 663-8806
507 663-8802 fax
www.artech.k12.mn.us
Counselor(s):
Scott Grave, High School Advisor
sgrave@artech.k12.mn.us
Sarah Hale, High School Advisor
shale@artech.k12.mn.us
Tami Kasch-Fugum, High School
Advisor
tkasch-flugum@artech.k12.mn.us
Joe Pahr, High School Advisory
jpahr@artech.k12.mn.us
Simon Tyler, Director
styler@artech.k12.mn.us

Ashby High School

300 Birch Ave, Box 30
Ashby, MN 56309-0403
218 747-2257
218 747-2289 fax
www.ashby.k12.mn.us
Counselor(s):
Marcy Andreasen
mandreasen@ashby.k12.mn.us
Lori Sturgeon
lsturgeon@ashby.k12.mn.us

**Atwater-Cosmos-Grove City
Junior-Senior High School**

27250 State Hwy 4
Grove City, MN 56243
320 857-2276
320 857-2937 fax
Counselor(s):
Coreen Geurts
cgeurts@acgc.k12.mn.us

Austin High School

301 3rd St NW
Austin, MN 55912
507 433-0449
507 433-0443 fax
www.austin.k12.mn.us
Counselor(s):
Joseph Ott
jott@austin.k12.mn.us
Lori Riley
lriley@austin.k12.mn.us

Babbitt-Embarrass High School

30 South Dr
Babbitt, MN 55706
218 827-3101
218 827-3103 fax
www.isd2142.k12.mn.us/babbitt
Counselor(s):
Joan Kjorsvig-Beans
jkjorsvig@isd2142.k12.mn.us

Badger High School

110 Carpenter Ave, Box 68
Badger, MN 56714
218 528-3201
218 528-3366 fax
Counselor(s):
Janice Mostofi
jmostofi@badger.k12.mn.us

Bagley High School

1130 Main Ave N
Bagley, MN 56621
218 694-3120
218 694-3225 fax
Counselor(s):
Heather Keough
hgkeough@bagley.k12.mn.us

Barnesville High School
302 3rd St SE, Box 189
Barnesville, MN 56514-0189
218 354-2228
218 354-2305 fax
www.barnesville.k12.mn.us
Counselor(s):
Kyle Gylland
kgylland@barnesville.k12.mn.us

Barnum High School
3675 Cty Rd 140
Barnum, MN 55707-0227
218 389-3273
218 389-3259 fax
www.barnum.k12.mn.us
Counselor(s):
Lisa Rydberg, Dean of Students
lrydberg@barnum.k12.mn.us

Battle Lake High School
402 Summit St W
Battle Lake, MN 56515-1280
218 864-5215
218 864-8651 fax
www.battlelake.k12.mn.us
Counselor(s):
Julie Carlson
jcarlson@battlelake.k12.mn.us

Becker High School
12000 Hancock St
Becker, MN 55308
763 261-4501
763 261-4122 fax
www.becker.k12.mn.us
Counselor(s):
Heather Eigen
heigen@becker.k12.mn.us
Maria Gayken
mgayken@becker.k12.mn.us

Belgrade-Brooten-Elrosa High School
710 Washburn Ave, Box 339
Belgrade, MN 56312-0339
320 254-8211
320 254-3784 fax
www.bbe.k12.mn.us
Counselor(s):
Angela Narducci
anarducci@bbe.k12.mn.us

Belle Plaine High School
220 Market St S
Belle Plaine, MN 56011-1796
952 873-2403
952 378-2420 fax
www.belleplaine.k12.mn.us
Counselor(s):
Laurie Green
lgreen@belleplaine.k12.mn.us

Bemidji High School
3300 Gillett Dr NW
Bemidji, MN 56601-5668
218 444-1600
218 444-1630 fax
www.bemidji.k12.mn.us/bhs/home
Counselor(s):
Judy Comstock, x3313
jcomstock@bemidji.k12.mn.us
Jennifer Voge, x3311
jvoge@bemidji.k12.mn.us

Benilde-St. Margaret's School
2501 Hwy 100 S
St. Louis Park, MN 55416-1732
952 927-4176
952 920-8889 fax
www.bsm-online.org
Counselor(s):
Amanda Anderson, x2466
aanderson@bsm-online.org
Amy Desmond, Director of College
Counseling, x2438
adesmond@bsm-online.org
Patty Gilmore, Coordinator of
College/Career Center, x2461
pgilmore@bsm-online.org
Fran Roby, x2434
robyf@bsm-online.org
Jeff Steffenson, x2444
jsteffenson@bsm-online.org

Benson Christian School
1045 Pacific Ave, Box 195
Benson, MN 56215
320 843-2515
Counselor(s):
Mary Ellen Thompson
mandrthompson@mshsi.cm

Benson High School
1400 Montana Ave
Benson, MN 56215-1246
320 843-2710
320 843-2262 fax
www.benson.k12.mn.us
Counselor(s):
Jason Strand
jstrand@benson.k12.mn.us

Bertha-Hewitt High School
310 Central Ave, PO Box 8
Bertha, MN 56437-0008
218 924-2500
218 924-3252 fax
www.bertha-hewitt.k12.mn.us
Counselor(s):
Eileen Hartung, 218 924-3243
ehartung@bertha-hewitt.k12.mn.us

Bethany Academy
4300 W 98th St
Bloomington, MN 55437
952 831-8686
952 831-9568 fax
www.bethanyacademy.org
Counselor(s):
John Merry, x223
john.merry@bethanyacademy.org

Bethlehem Academy
105 3rd Ave SW
Faribault, MN 55021
507 334-3948
507 334-3949 fax
www.bacards.org
Counselor(s):
Laura Carlson
lcarlson@bacards.org
Tami Langlois
tlanglois@bacards.org

Bigfork High School
100 Huskie Blvd, Box 228
Bigfork, MN 56628-9998
218 743-3444
218 743-3443 fax
www.isd318.org
Counselor(s):
Siri Prato, x2523
sprato@isd318.org

Big Lake High School

501 Minnesota Ave
 Big Lake, MN 55309-0410
 763 262-2547
 763 262-2543 fax
 www.biglake.k12.mn.us
Counselor(s):
 Jennifer Fingarson
 j.fingarson@biglake.k12.mn.us
 Patricia Morningstar
 p.morningstar@biglake.k12.mn.us

Blackduck High School

156 1st St NE, PO Box 550
 Blackduck, MN 56630-0342
 218 835-5200
 218 835-5281 fax
 www.blackduck.k12.mn.us
Counselor(s):
 Theresa Rabe, Academic Advisor
 218 835-5245
 trabe@blackduck.k12.mn.us

Blaine High School

12555 University Ave NE
 Blaine, MN 55434-2199
 763 506-6500
 763 506-6603 fax
 www.anoka.k12.mn.us
Counselor(s):
 Joan Angell, 763 506-6527
 joan.angell@anoka.k12.mn.us
 Mary Boren, 763 506-6525
 mary.boren@anoka.k12.mn.us
 James Johnson, 763 506-6522
 james.johnson@anoka.k12.mn.us
 Lyssa Miller, 763 506-6521
 elizabeth.miller@anoka.k12.mn.us
 Annette Pare, 763 506-6529
 annette.pare@anoka.k12.mn.us

Blake Upper School

511 Kenwood Pkwy
 Minneapolis, MN 55403
 952 988-3700
 952 988-3705 fax
 www.blakeschool.org
Counselor(s):
 Sara R.M. Kyle, 952 988-3743
 skyle@blakeschool.org
 Frank D. Sachs, 952 988-3745
 fsachs@blakeschool.org

Blooming Prairie High School

202 4th Ave NW
 Blooming Prairie, MN 55917
 507 583-4426
 507 583-7952 fax
 www.bloomingprairie.k12.mn.us
Counselor(s):
 Mary Ann Worke, x228
 mworke@blossoms.k12.mn.us

Blue Earth Area High School

1125 Hwy 169 N
 Blue Earth, MN 56013
 507 526-3201
 507 526-3260 fax
 www.blueearth.k12.mn.us/dist/beas.html
Counselor(s):
 Gary Armon
 garmon@blueearth.k12.mn.us
 Craig VanKley
 cvankley@blueearth.k12.mn.us

BOLD Schools

701 S 9th St
 Olivia, MN 56277-1599
 320 523-1031
 320 523-5410 fax
 www.bold.k12.mn.us
Counselor(s):
 Tanya Carlson, x3103
 tanya.carlson@bold.k12.mn.us

Braham Area High School

531 Elmhurst Ave SW
 Braham, MN 55006-0488
 320 396-4444
 320 396-3068 fax
 www.braham.k12.mn.us
Counselor(s):
 Zac Schnedler
 zschnedler@braham.k12.mn.us

Brainerd High School

702 S 5th St
 Brainerd, MN 56401-4099
 218 454-6298
 218 454-6325 fax
 www.brainerd.k12.mn.us
Counselor(s):
 Linda Dockter
 linda.dockter@isd181.org
 Jeff Howard
 jeff.howard@isd181.org
 Nancy Pikula
 nancy.pikula@isd181.org
 Shelly Streed
 shelly.streed@isd181.org

Brandon High School

206 W 3rd St, Box 185
 Brandon, MN 56315-0185
 320 524-2263
 320 524-2228 fax
 www.brandon.k12.mn.us
Counselor(s):
 Mary Burgess
 mburgess@brandon.k12.mn.us

Breck School

123 Ottawa Ave N
 Minneapolis, MN 55422
 763 381-8258
 763 381-8130 fax
 www.breckschool.org
Counselor(s):
 Peter Clark, Assoc. Director of
 College Counseling
 peter.clark@breckschool.org
 Chandra Joos deKoven, Assoc.
 Director of College Counseling
 chandra.joos@breckschool.org
 Melissa Soderberg, Director of
 College Counselor
 melissa.soderberg@breckschool.org

Breckenridge High School

710 N 13th St
 Breckenridge, MN 56520
 218 643-2694
 218 643-5229 fax
 www.breckenridge.k12.mn.us
Counselor(s):
 Murray Smart
 smartm@breckenridge.k12.mn.us

Brooklyn Center High School

6500 Humboldt Ave N
 Brooklyn Center, MN 55430-1897
 763 561-2120
 763 561-1062 fax
 www.brookcntr.k12.mn.us
Counselor(s):
 Kelli Hillestad
 khillestad@brookcntr.k12.mn.us
 Jeff Lombardi
 jlombardi@brookcntr.k12.mn.us

Browerville High School

620 Park Ave N, Box 185
Browerville, MN 56438-0185
320 594-2272
320 594-8105 fax
www.browerville.k12.mn.us
Counselor(s):
Robert Schaefer
rschaefer@browerville.k12.mn.us
Patrick J. Sutlief
psutlief@browerville.k12.mn.us

Browns Valley Public Schools

118 Church St, Box N
Browns Valley, MN 56219
320 695-2296
320 695-2868 fax
Counselor(s):
Keith D. Haggerty
khaggerty@brownsvalley.k12.mn.us

Buffalo High School

877 Bison Blvd
Buffalo, MN 55313
763 682-8100
763 682-8118 fax
www.buffalo.k12.mn.us
Counselor(s):
Christina Cox
ccox@buffalo.k12.mn.us
Mark Jones
mjones@buffalo.k12.mn.us
Kristen Lane
klane@buffalo.k12.mn.us
Gloria Rose
grose@buffalo.k12.mn.us

Buffalo Lake-Hector High School

220 3rd St W, Box 307
Hector, MN 55342-0307
320 848-2233
320 848-2401 fax
www.blh.k12.mn.us
Counselor(s):
Michelle Melberg, x310
mmelberg@blh.k12.mn.us

Bug-O-Nay-Ge-Shig School-Leech Lake Band of Ojibwe

15353 Silver Eagle Dr NW
Bena, MN 56626
218 665-3000
218 665-3031 fax
www.bugschool.bia.edu
Counselor(s):
Jay Malchow, M.A.E., x2158
jamalchow@bugschool.bia.edu

Burnsville High School

600 E Hwy 13
Burnsville, MN 55337
952 707-2100
952 707-2102 fax
www.isd191.org/bhs
Counselor(s):
Erin Broviak
ebroviak@burnsville.k12.mn.us
Jeff Limke
jlimke@burnsville.k12.mn.us
Jeff Marshall
jmarshall@burnsville.k12.mn.us
Jeff Walsh
jwalsh@burnsville.k12.mn.us
Veronica Walter
vwalter@burnsville.k12.mn.us

Butterfield-Odin High School

Box 189
Butterfield, MN 56120-0189
507 956-2771
507 956-3431 fax
Counselor(s):
Tammi Samuelson, M.A.
tsamuelson@butterfield.k12.mn.us

Byron High School

1887 2nd Ave NW
Byron, MN 55920
507 775-2301
507 775-2303 fax
www.bears.byron.k12.mn.us
Counselor(s):
Julie Senska
julie.senska@byron.k12.mn.us
Theresa Weber-Sexton
theresa.weber@byron.k12.mn.us

Caledonia High School

825 Warrior Ave N
Caledonia, MN 55921-1194
507 725-3316
507 725-3319 fax
www.cps.k12.mn.us
Counselor(s):
Kay Dahle, x2007
kay_dahle@cps.k12.mn.us

Cambridge Christian School

2211 Old Main St S
Cambridge, MN 55008-9714
763 689-3806
763 689-3807 fax
www.cambridgechristianschool.org
Counselor(s):
Sarah Newton
snewton@cambridgechristianschool.org
Scott Thune
sthune@cambridgechristianschool.org

Cambridge-Isanti High School

430 8th Ave NW
Cambridge, MN 55008-1097
763 689-6066
763 689-6070 fax
www.cambridge.k12.mn.us
Counselor(s):
Pat Christofferson
pat_christofferson@cambridge.k12.mn.us
Many Wangen
mwangen@cambridge.k12.mn.us

Campbell-Tintah High School

430 Connecticut Ave, PO Box 8
Campbell, MN 56522
218 630-5311
218 630-5881 fax
Counselor(s):
Kari Ulven
kari.ulven@sendit.nodak.edu

Canby High School

307 1st St W
Canby, MN 56220
507 223-2002
507 223-2012 fax
www.canbymn.org
Counselor(s):
Teresa Hunt
thunt@canby.mntm.org

Cannon Falls High School

820 Minnesota St E
Cannon Falls, MN 55009-2299
507 263-6800
507 263-2555 fax
www.cannonfallsschools.com
Counselor(s):
Kirsten Hoffman, x1441
hoffman.kirsten@cannonfallsschools.com

Carlton High School

Box 310
 Carlton, MN 55718
 218 384-4226
 218 384-3607 fax
 www.carlton.k12.mn.us
Counselor(s):
 Deb Saunders, 218 384-4226
 dsaunder@carlton.k12.mn.us

Cass Lake-Bena High School

15308 State Hwy 371 NW
 Cass Lake, MN 56633-0004
 218 335-2203
 218 335-7649 fax
Counselor(s):
 Rosalee J. Brown, x1316
 rbrown@clbs.k12.mn.us

Cathedral High School

600 N Washington
 New Ulm, MN 56073
 507 354-4511
 507 354-5711 fax
 www.nuacs.com
Counselor(s):
 Sue Prunty, 507 233-0653
 sue.prunty@nuacs.com

Cathedral High School

312 7th Ave N
 St. Cloud, MN 56303
 320 251-3421
 320 253-5576 fax
Counselor(s):
 Bill Joyce (grades 7-9)
 Mary Quick (grades 10-12)

Cedar Mt. High School

Box 188
 Morgan, MN 56266-0188
 507 249-5106
 507 249-3149 fax
 www.cms.mntm.org
Counselor(s):
 Barb Tighe
 btighe@cms.mntm.org

Centennial High School

4707 North Rd
 Circle Pines, MN 55014-1898
 763 792-5000
 763 792-5050 fax
 www.centennial.k12.mn.us/chs
Counselor(s):
 Angela Law, x5009
 alaw@isd12.org
 Ruth Olson, x5010
 rolson@isd12.org
 Pamela Rehnelt, x5213
 prehnelt@isd12.org
 Jessica Siler, Dept Chair, x5019
 jsiler@isd12.org
 DeeAnn Sibley, x5211
 dsibley@isd12.org

Center School

2421 Bloomington Ave S
 Minneapolis, MN 55404
 612 721-1655
 612 721-5346 fax
 www.centerschool.org
Counselor(s):

Central High School

800 E Central Entrance
 Duluth, MN 55811-5515
 218 733-2130
 218 733-2153 fax
 www.duluth.k12.mn.us/central/index.htm
Counselor(s):
 Carol Kropf, x330
 carol.kropf@duluth.k12.mn.us
 Paula Williams, x338
 paula.williams@duluth.k12.mn.us

Central High School

110 Fulton St
 Mankato, MN 56001
 507 387-3047
 507 387-7737 fax
 www.isd77.k12.mn.us
Counselor(s):
 Leah Shanks
 lshank1@isd77.k12.mn.us

Central High School

531 Morse St
 Norwood-Young America, MN 55368
 952 467-7108
 952 467-7103 fax
Counselor(s):
 Irene Yaeck
 iyaeck@central.k12.mn.us

Central High School

275 N Lexington
 St. Paul, MN 55104
 651 632-6000
 651 293-5433 fax
 www.central.spps.org
Counselor(s):
 Kathleen Karp
 kathleen.karp@spps.org
 Ellen Merlin
 ellen.merlin@spps.org
 Dia Yang
 dia.yang@spps.org

Central Minnesota Christian School

204 School St, Box 98
 Prinsburg, MN 56281
 320 978-8700
 320 978-6797 fax
Counselor(s):
 Rhonda Slagter
 cmcs@willmarnet.com

Century High School

2525 Viola Rd NE
 Rochester, MN 55906
 507 328-5100
 507 328-5045 fax
 www.rochester.k12.mn.us/school107
Counselor(s):
 Julie Austinson, 507 328-5002
 juaustinson@rochester.k12.mn.us
 Jane Ness, 507 328-5004
 janess@rochester.k12.mn.us
 Eileen Strabala-Backus, 507 328-5003
 eistrabalabackus@rochester.k12.mn.us

Champlin Park High School

6025 109th Ave N
 Champlin, MN 55316
 763 506-6800
 763 506-6803 fax
 www.anoka.k12.mn.us
Counselor(s):
 Clara Cole
 clara.cole@anoka.k12.mn.us
 Amy Harnack
 amy.harnack@anoka.k12.mn.us
 Doyle Johnson
 doyle.johnson@anoka.k12.mn.us
 Tracey Landberg
 tracey.landberg@anoka.k12.mn.us
 Nancy Schultz
 nancy.schultz@anoka.k12.mn.us
 Jill Svoboda

jill.svoboda@anoka.k12.mn.us

Chanhassen High School

2200 Lyman Blvd
Chanhassen, MN 55317
952 556-3500

chs.district112.org

Counselor(s):

Deb Elhardt, 952 556-8800

elhardtd@district112.org

Candice Gallipo, 952 556-3700

gallipoc@district112.org

Chad Mattson, 952 556-8900

mattsonchad@district112.org

Chaska High School

545 Pioneer Tr

Chaska, MN 55318

952 556-7100

952 556-7109 fax

www.district112.org

Counselor(s):

Mic Amundson-Geisel

amundsonjeiselm@district112.org

Tom Gray

grayt@district112.org

Paul Holmes

holmesp@district112.org

Sandy Shettel

shettels@district112.org

Kerrie Troseth

trosethk@district112.org

Chatfield High School

205 Union St NE

Chatfield, MN 55923-1099

507 867-4210

888 518-0701 fax

www.chatfield.k12.mn.us

Counselor(s):

Susan Fox

sfox@chatfield.k12.mn.us

Cherry High School

3943 Tamminen Rd

Iron, MN 55751

218 258-8991

218 258-8993 fax

www.isd2142.k12.mn.us/cherry/

Counselor(s):

John Zupetz

jzupetz@isd2142.k12.mn.us

Chisago Lakes Baptist School

9387 Wyoming Tr

Chisago City, MN 55013

651 257-4587

651 257-3888 fax

Counselor(s):

Alan Hodak, Principal

Chisago Lakes High School

29400 Olinda Tr N

Lindstrom, MN 55045

651 213-2500

651 213-2617 fax

www.chisagolakes.k12.mn.us

Counselor(s):

Amy Majerle

amajerle@chisagolakes.k12.mn.us

Amy Malloy, 651 213-2511

amalloy@chisagolakes.k12.mn.us

Canyon Schultz

cshultz@chisagolakes.k12.mn.us

Chisholm High School

301 4th St SW

Chisholm, MN 55719

218 254-5726

218 254-3741 fax

www.chisholm.k12.mn.us

Counselor(s):

Patricia Casey, x3904

pcasey@chisholm.k12.mn.us

Chokio-Alberta High School

311 1st St W, PO Box 68

Chokio, MN 56221

320 324-7131

320 324-2731 fax

www.chokioalberta.k12.mn.us

Counselor(s):

Rebecca Draper, District Assessment

Coordinator

bdraper@chokioalberta.k12.mn.us

Ray Farwell, Principal/Superintendent

rfarwell@chokioalberta.k12.mn.us

Christ's Household of Faith School

355 Marshall Ave

St. Paul, MN 55102

651 265-3400

651 227-9813 fax

Counselor(s):

Mike Reiners

mreiners@chof.net

Circle of Life School

36274 Co Hwy 21, PO Box 447

White Earth, MN 56591

218 983-4180

218 983-3767 fax

www.colsch.org/col/home

Counselor(s):

Mitch Vogt, Principal

colprincipal@hotmail.com

Celeste Cloud

cloud@gvtel.com

City, Inc. (The) - North Campus

1315 12th Ave

Minneapolis, MN 55411

612 377-7559

612 377-1036 fax

www.thecityinc.org

Counselor(s):

Kiana Batteau

Kelly Palmer

City, Inc. (The) - South Campus

920 E 34th St

Minneapolis, MN 55407

612 877-6720

612 877-6755 fax

www.thecityinc.org

Counselor(s):

Bill English, Director

bill_english@thecityinc.org

Kelly Palmer, 763 504-8705

kelly_palmer@thecityinc.org

Clearbrook-Gonvick High School

16770 Clearwater Lake Rd

Clearbrook, MN 56634-0008

218 776-3112

218 776-3117 fax

www.cgbearzone.com

Counselor(s):

Stan Gray

bears@cgbearzone.com

Cleveland High School

400 6th St, Box 310

Cleveland, MN 56017-0310

507 931-5953

507 931-9088 fax

www.cleveland.k12.mn.us

Counselor(s):

Betty Jo Braun, x1013

braun.bettyjo@cleveland.k12.mn.us

Climax-Shelly High School

111 E Broadway, Box 67
 Climax, MN 56523-0067
 218 857-2395
 218 857-3544 fax
 www.climax.k12.mn.us
Counselor(s):
 Nancy Newcomb, Principal
 218 857-2824
 newcomb@climax.k12.mn.us

Clinton-Graceville-Beardsley High School

712 3rd St, Box 398
 Graceville, MN 56240
 320 748-7233
 320 748-7159 fax
 www.graceville.k12.mn.us
Counselor(s):
 Jami Woodford, x140
 jwoodford@graceville.k12.mn.us

Cloquet Christian Academy

1705 Wilson Ave
 Cloquet, MN 55720-2437
 218 879-2536
 218 878-3334 fax
Counselor(s):
 Jason Peterson
 jason@cloquetchurch.com

Cloquet High School

1000 18th St
 Cloquet, MN 55720-2438
 218 879-3393
 218 879-6494 fax
Counselor(s):
 Lee Oling, x1201
 loling@cloquet.k12.mn.us
 Shannon Sams, x1200
 ssams@cloquet.k12.mn.us

Columbia Heights High School

1400 49th Ave NE
 Columbia Heights, MN 55421-1992
 763 528-4638
 763 528-4625 fax
 www.colheights.k12.mn.us
Counselor(s):
 Roger Jensen
 jensonR@colheights.k12.mn.us
 Pam Sigurdson
 sigurdsp@colheights.k12.mn.us

Comfrey High School

305 Ochre St W, Box 68
 Comfrey, MN 56019-0068
 507 877-3491
 507 877-3492 fax
Counselor(s):
 Janelle Tews

Community of Peace Academy

471 Magnolia Ave E
 St. Paul, MN 55130
 651 776-5151
 651 772-2525 fax
 cpa.charter.k12.mn.us
Counselor(s):
 Danielle Dear, x268
 danielled@cpa.charter.k12.mn.us

Como Park High School

740 Rose Ave W
 St. Paul, MN 55117
 651 293-8800
 651 293-8806 fax
 www.como.stpaul.k12.mn.us
Counselor(s):
 Jamie Knutson
 jamie.knutson@spps.org
 Molly McCurdy
 molly.mccurdy@spps.org
 Rick Walker
 rick.walker@spps.org
 Mary Zehrer
 mary.zehrer@spps.org

Concordia Academy

2400 Dale St N
 Roseville, MN 55113-4598
 651 484-8429
 651 484-0594 fax
 www.concordiaacademy.com
Counselor(s):
 DeVon H. Lark
 devon.lark@concordiaacademy.com

Convent of Visitation School

2455 Visitation Dr
 Mendota Heights, MN 55120
 651 683-1700
 651 454-7144 fax
 www.visitation.net
Counselor(s):
 Anne Pabst, Co-Director of College
 Counseling, 651 683-1766
 apabst@vischool.org
 Jeff Sheehan, Co-Director of College
 Counseling
 jsheehan@vischool.org

Cook County High School

101 5th St W
 Grand Marais, MN 55604-1337
 218 387-2273
 218 387-9746 fax
 www.cookcountyschools.org
Counselor(s):
 Bryan Hackbarth
 bhackbarth@isd166.k12.mn.us

Cook High School

306 E Vermilion Blvd
 Cook, MN 55723-9999
 218 666-5221
 218 666-5223 fax
 www.isd2142.k12.mn.us/cook
Counselor(s):
 Jill Stark, 218 666-5221
 jstark@isd2142.k12.mn.us

Coon Rapids Christian School

11164 Hanson Blvd
 Coon Rapids, MN 55433-3797
 763 755-3549
 763 755-1278 fax
 www.coonrapidsbaptist.org
Counselor(s):
 Pastor Will Peterson, Principal
 crcs.crbc@juno.com

Coon Rapids High School

2340 Northdale Blvd
 Coon Rapids, MN 55433
 763 506-7100
 763 506-7303 fax
 www.cards.anoka.k12.mn.us
Counselor(s):
 Maryann Adams, 763 506-7127
 maryann.adams@anoka.k12.mn.us
 Nancy Bjornlie, 763 506-7152
 nancy.bjornlie@anoka.k12.mn.us
 Susan Melander, 763 506-7129
 sue.melander@anoka.k12.mn.us
 Kyra Pasche, 763 506-7128
 kyra.pasche@anoka.k12.mn.us
 Allison Ray, 763 506-7221
 allison.ray@anoka.k12.mn.us

Cotter High School

1115 W Broadway
Winona, MN 55987
507 453-5027
507 453-5050 fax
www.cotterschools.org

Counselor(s):

Dave Forney
dforney@cotterschools.org
Sue O'Brien
sobrien@cotterschools.org
Linda Skwierawski
lskwiera@cotterschools.org

Cotton High School

9165 Hwy 53
Cotton, MN 55724
218 482-3232
218 482-3233 fax
www.isd2142.k12.mn.us/cotton/

Counselor(s):

David Erickson
dericks1@isd2142.k12.mn.us

Cretin-Derham Hall High School

550 Albert St S
St. Paul, MN 55116
651 690-2443
651 696-3366 fax
www.cretin-derhamhall.org

Counselor(s):

Brother M. Anderson, 651 696-3323
manderson@c-dh.org
Michael Brewer, 651 696-3364
mbrewer@c-dh.org
Joan O'Connell, 651 696-3322
joconnell@c-dh.org
Connie Reding, Guidance
Coordinator, 651 696-3312
creding@c-dh.org
Michael Scanlan, 651 696-3321
mscanlan@c-dh.org
Jennifer Vinck, 651 696-3328
jvinck@c-dh.org
Laural Zimmerman, 651 696-3324
lzimmerman@c-dh.org

Cromwell-Wright High School

5624 Hwy 210, Box 7
Cromwell, MN 55726-0007
218 644-3716
218 644-3992 fax
www.cromwellwright.k12.mn.us

Counselor(s):

Joyce P. Brekke
jbrekke@cromwellwright.k12.mn.us

Crookston High School

402 Fisher Ave
Crookston, MN 56716-2811
218 281-2144
218 281-4709 fax
www.crookston.k12.mn.us

Counselor(s):

Raynald Lutovsky, x210
rlutovsky@crookston.k12.mn.us

Crosby-Ironton High School

711 Poplar St
Crosby, MN 56441
218 545-8816
218 545-8845 fax
www.ci.k12.mn.us

Counselor(s):

Daniel Cruser
dcruser@ci.k12.mn.us

Dassel Cokato Senior High

4852 Reardon Ave SW, PO Box 1600
Cokato, MN 55321-1600
320 286-4100
320 286-4201 fax
www.dc.k12.mn.us/hschool

Counselor(s):

Cassie Vogt
cassie.vogt@dc.k12.mn.us

Dawson-Boyd Secondary School

848 Chestnut St
Dawson, MN 56232
320 769-2955
320 769-4502 fax
www.dawson.k12.mn.us

Counselor(s):

Rebecca Mortenson
rebeccam@dwby.k12.mn.us

Deer River High School

101 1st Ave NE, PO Box 307
Deer River, MN 56636-0307
218 246-8241
218 246-8717 fax
www.isd317.org

Counselor(s):

Karen Moll
kmoll@deeriver.k12.mn.us

Delano High School

700 Elm Ave E
Delano, MN 55328-9183
763 972-3365
763 972-6706 fax
www.delano.k12.mn.us

Counselor(s):

Susan Farbo, x2237
sfarbo@delano.k12.mn.us

DeLaSalle High School

One DeLaSalle Dr
Minneapolis, MN 55401
612 676-7600
612 362-9641 fax
www.delasalle.com

Counselor(s):

Barry Lieske, Principal
barry.lieske@delasalle.com
Beth Braun, 612 676-7673
beth.braun@delasalle.com
Anastasia Carter, 612 676-7619
anastasia.carter@delasalle.com
Don Sund, 612 676-7664
don.sund@delasalle.com
Bayza Weeks, 612 676-7621
bayza.weeks@delasalle.com

Denfeld Senior High School

4405 W 4th St
Duluth, MN 55807
218 336-8830
218 336-8841 fax
www.duluth.k12.mn.us/denfeld/

Counselor(s):

Joan Fisketti
joan.fisketti@duluth.k12.mn.us
Ellen Martin
ellen.martin@duluth.k12.mn.us

Detroit Lakes High School

1301 Roosevelt
Detroit Lakes, MN 56501
218 847-4491
218 846-1797 fax
www.detlakes.k12.mn.us/schools/sh/
seniorhigh

Counselor(s):

Janell Girodat (O-Z)
jgirodat@detlakes.k12.mn.us
Sara Pender (A-G)
spender@detlakes.k12.mn.us
Doreen Richter (H-N)
drichter@detlakes.k12.mn.us

Dilworth-Glyndon-Felton High School

513 Park Ave S
Glyndon, MN 56547
218 498-2263
218 498-2488 fax
www.dgf.k12.mn.us
Counselor(s):
Kathy Martin
kmartin@dgf.k12.mn.us

District 622 Harmony Alternative Programs

1961 Co Rd C
Maplewood, MN 55109
651 748-6200
651 748-6251 fax
www.isd622.org
Counselor(s):
Kelley Pribyl, 651 748-6246
kpribyl@isd622.org

Dover-Eyota High School

615 South Ave
Eyota, MN 55934
507 545-2631
507 545-2218 fax
www.desch.org
Counselor(s):
Katie Johnson (grades 7-9)
katiejohnson@desch.org
Tom Surprenant (grades 10-12)
tomsurprenant@desch.org

Eagan High School

4185 Braddock Tr
Eagan, MN 55123-1575
651 683-6921
651 683-6999 fax
www.eagan.k12.mn.us
Counselor(s):
Katie Adolphson
katie.adolphson@district196.org
Beth Cordes
beth.cordes@district196.org
Dave Fritze
david.fritze@district196.org
Michelle Lehmann, 651 683-6923
michelle.lehmann@district196.org
Norah Krohse-Hermon
norah.krohsehermon@district196.org

Eagle Valley High School

405 Main St W, PO Box 299
Eagle Bend, MN 56446-0299
218 738-6442
218 738-6493 fax
Counselor(s):
Mark Lundin
mlundin@evps.k12.mn.us

East Central Secondary School

61085 State Hwy 23
Finlayson, MN 55735
320 245-2216
320 245-2448 fax
www.eastcentral.k12.mn.us
Counselor(s):
Alycia Dammer
adammer@eastcentral.k12.mn.us

East Grand Forks Senior High School

1420 4th Ave NW, Box 151
East Grand Forks, MN 56721
218 773-2405
218 773-3070 fax
www.egf.k12.mn.us
Counselor(s):
Stephanie Larson
slarson@egf.k12.mn.us

East High School

2900 E 4th St
Duluth, MN 55812-1597
218 728-7426
218 728-7439 fax
www.dulutheast.com
Counselor(s):
Diane Fitzgerald
diane.fitzgerald@duluth.k12.mn.us
Geri Saari
geri.saari@duluth.k12.mn.us
Mark Zawacki
mark.zawacki@duluth.k12.mn.us

East Ridge High School

4200 Pioneer Dr
Woodbury, MN 55129
651 768-2300
651 768-2350 fax
Counselor(s):
Nancy Childers, 651 768-2352
nchilder@sowashco.k12.mn.us
Cynthia Hoffbeck, 651 768-2353
choffbec@sowashco.k12.mn.us
Carolle Neisius, 651 768-2356
cneisius@sowashco.k12.mn.us
Doug Schumacher, 651 768-2355
dschumac@sowashco.k12.mn.us

Eastview High School

6200 140th St W
Apple Valley, MN 55124
952 431-8900
952 431-8932 fax
www.isd196.k12.mn.us/schools.evhs
Counselor(s):
Chris Franken, Director of Guidance
952 431-8926
chris.franken@district196.org
Carita Green
carita.green@district196.org
Terri Greener
terri.greener@district196.org
Mary Hanson
mary.hanson@district196.org
Anne Scholen
anne.scholen@district196.org
Mark Wanous
mark.wanous@district196.org

ECHO Charter School

Box 158
Echo, MN 56237
507 925-4143
507 925-4165 fax
Principal
Larry Schueler
lschueler@echocharter.com

Eden Prairie High School

17185 Valley View Rd
Eden Prairie, MN 55346-4253
952 975-8000

952 975-8321 fax

www.edenpr.org

Counselor(s):

Anthea Amsler

aamsler@edenpr.org

Jenny Biesanz

jbiesanz@edenpr.org

Lenny Moskowitz

lmoskowitz@edenpr.org

Eric Motzko

emotzko@edenpr.org

Amanda Peterson-Bozetepe

abozetepe@edenpr.org

Rachel Schmidt

rschmidt@edenpr.org

Nathan Schoch

nschoch@edenpr.org

Jennifer Silverberg

jsilverberg@edenpr.org

Eden Valley-Watkins High School

298 Brooks St N

Eden Valley, MN 55329-0100

320 453-2900

320 453-5600 fax

www.ev.w.k12.mn.us

Counselor(s):

Susan Knutson

susan.knutson@mail.ev.w.k12.mn.us

Edgerton High School

423 1st Ave W, Box 28

Edgerton, MN 56128

507 442-7881

507 442-8541 fax

www.edgertonpublic.com

Counselor(s):

Doug Van Kley

dougvk@eps.mntm.org

Edina High School

6754 Valley View Rd

Edina, MN 55439-1761

952 848-3800

952 848-3119 fax

www.edina.k12.mn.us

Counselor(s):

Jeanne Brown, 952 848-3142

jeabrown@edina.k12.mn.us

Lisa Burnham, 952 848-3126

lisburnham@edina.k12.mn.us

William Hicks, 952 848-3127

wilhicks@edina.k12.mn.us

Michael Holbach, 952 848-3122

mikholbach@edina.k12.mn.us

Janet Schmiel, 952 848-3125

janschmiel@edina.k12.mn.us

Sandy Schmidt, 952 848-3128

sanschmidt@edina.k12.mn.us

Edison High School

700 22nd Ave NE

Minneapolis, MN 55418

612 668-1300

612 668-1320 fax

www.edison.mpls.k12.mn.us

Counselor(s):

Kris Baumgartner, 612 668-1315

kris.baumgartner@mpls.k12.mn.us

Darren Ginther, 612 668-1316

darren.ginther@mpls.k12.mn.us

Aya Maruyama, 612 668-1350

aya.maruyama@mpls.k12.mn.us

Todd Tratz, 612 668-1309

todd.tratz@mpls.k12.mn.us

El Shaddai School

2429 Cedar Ave N

Owatonna, MN 55060-1244

507 455-9345

507 444-0005 fax

Counselor(s):

Doug Sutcliffe

Luverne Zacharias

zachtwin@gmail.com

Elk River Area High School

900 School St

Elk River, MN 55330

763 241-3424

763 241-3440 fax

www.elkriver.k12.mn.us/senior

Counselor(s):

Pam Black, 763 241-3400, x2172

pblack@elkriver.k12.mn.us

Barb Branco, Career Coordinator

763 241-3400, x2138

bbranco@elkriver.k12.mn.us

Georjean Fischer-Fabel

763 241-3400 x2143

gfischer@elkriver.k12.mn.us

Keith Howard, 763 241-3400, x2144

khoward@elkriver.k12.mn.us

Michelle Reimer, 763 241-3400

x2142

mreimer@elkriver.k12.mn.us

Ellsworth High School

513 S Broadway, Box 8

Ellsworth, MN 56129

507 967-2242

507 967-2588 fax

Counselor(s):

George Berndt

jbj036@ellsworth.mntm.org

Elmore Academy

202 North St E

Elmore, MN 56027

507 943-3440

507 943-3651 fax

Counselor(s):

Carolyn Dixon

carolyn.dixon@youthservices.com

Evansville High School

123 2nd Ave

Evansville, MN 56326

218 948-2241

218 948-2441 fax

www.evansville.k12.mn.us

Counselor(s):

Catherine Siira

cathy.siira@evansville.k12.mn.us

Eveleth-Gilbert High School

801 Jones St
 Eveleth, MN 55734-1696
 218 744-7708
 218 744-4381 fax
 www.isd2154.k12.mn.us
Counselor(s):
 Kimberly Flaa
 kflaa@isd2154.k12.mn.us
 Danette Seboe
 dseboe@isd2154.k12.mn.us

Fairmont High School

900 Johnson St
 Faimont, MN 56031
 507 238-4411
 507 235-4130 fax
 www.fairmont.k12.mn.us
Counselor(s):
 Scott Geerdes
 sgeerdes@fairmont.k12.mn.us
 Jenny Schwieger
 jschwieger@fairmont.k12.mn.us

Faith Christian School

11818 160th Ave
 Foreston, MN 56330-9701
 320 294-5501
 320 294-5197 fax
 www.fcssaints.com
Counselor(s):
 Kay Miller
 info@FCSSaints.com

Faith Christian School

4016 28th St SE
 Rochester, MN 55904
 507 289-8094
 507 529-4017 fax
 www.faithrochester.org
Counselor(s):
 Trevor Schwirtz, Principal
 tschwirtz@faithrochester.org

Falls High School

1515 11th St
 International Falls, MN 56649
 218 283-2571
 218 283-2384 fax
 www.isd361.k12.mn.us
Counselor(s):
 Tim Everson, Principal, x104
 teverson@isd361.k12.mn.us
 Thane Grewatz, Counselor, x106
 tgrewatz@isd361.k12.mn.us

Faribault High School

330 SW 9th Ave
 Faribault, MN 55021-5958
 507 333-6100
 507 333-6111 fax
 www.faribault.k12.mn.us
Counselor(s):
 Michelle Breun
 michelle_breun@faribault.k12.mn.us
 Dawn Peanasky
 dawn_peanasky@faribault.k12.mn.us
 Tiffany Simon
 tiffany_simon@faribault.k12.mn.us

Farmington High School

20655 Flagstaff Ave
 Farmington, MN 55024-9002
 651 252-2517
 651 252-2510 fax
 www.farmington.k12.mn.us
Counselor(s):
 Diane Bulygo
 dbulygo@farmington.k12.mn.us
 Megan Hipsher
 mhipsher@farmington.k12.mn.us
 Chelsy Newman
 cnewman@farmington.k12.mn.us
 Jerome Pfau
 jpfau@farmington.k12.mn.us

Fergus Falls High School

502 Friberg Ave N
 Fergus Falls, MN 56537-2200
 218 998-0544
 218 998-3946 fax
 www.fergusfalls.k12.mn.us
Counselor(s):
 Alonna Johnson
 alonnajohnson@fergusfalls.k12.mn.us
 Daryl Jorud
 djorud@fergusfalls.k12.mn.us
 David Thorpe
 dthorpe@fergusfalls.k12.mn.us

Fertile-Beltrami High School

210 Mill St, Box 648
 Fertile, MN 56540-0648
 218 945-6953
 218 945-6934 fax
 www.fertilebeltrami.k12.mn.us
Counselor(s):
 Jason Allrich, Dean of Students, x123
 jasona@fertilebeltrami.k12.mn.us

Fillmore Central High School

145 Main Ave S
 Harmony, MN 55939
 507 886-6464
 507 886-6642 fax
 www.fillmorecentral.k12.mn.us
Counselor(s):
 Heath Olstad
 heath.olstad@isd2198.k12.mn.us
 Melanie Olstad, Guidance Secretary
 melanie.olstad@isd2198.k12.mn.us

First Baptist Christian School

909 W 8th St
 Park Rapids, MN 56470
 218 732-3321
 218 732-1324 fax
Counselor(s):
 Patricia G. Henderson x5
 school@fbcpr.org
 James A. Pearce x1

First Baptist School

14400 Diamond Path W
 Rosemount, MN 55068-0089
 651 423-2272
 651 423-8844 fax
 www.fbsrosemount.org
Counselor(s):
 Charlie Graves, Administrator
 651 423-2272
 charlie.graves@fbcpr.org

Fisher High School

313 Park Ave
 Fisher, MN 56723
 218 891-2827
 218 891-4251 fax
 fisher.k12.mn.us
Counselor(s):
 Gail Kasowski, 218 891-2827
 kasowskig@fisher.k12.mn.us

Floodwood High School

115 W 4th Ave, Box 287
 Floodwood, MN 55736-0287
 218 476-2285
 218 476-2813 fax
 www.floodwood.k12.mn.us
Counselor(s):
 Robert Bestul, Principal, x104
 rbestul@floodwood.k12.mn.us

Foley High School

840 Norman Ave W, Box 297
 Foley, MN 56329
 320 968-7246
 320 968-8456 fax
 www.foley.k12.mn.us
Counselor(s):
 Dave Dahlstrom
 ddahlstrom@foley.k12.mn.us
 Barb McIntire
 bmcintire@foley.k12.mn.us

Fond Du Lac Ojibwe School

49 University Rd
 Cloquet, MN 55720
 218 878-7551
 218 878-7573 fax
 www.fdlrez.com
Counselor(s):
 Vicki Oberstar, 218 878-7564
 vickioberstar@fdlrez.com

Forest Lake High School

6101 Scandia Tr N
 Forest Lake, MN 55025
 651 982-8400
 651 982-8594 fax
 www.forestlake.k12.mn.us
Counselor(s):
 James Caldwell, Assistant Principal
 (A-C) 651 982-8403
 jcaldwell@forestlake.k12.mn.us
 Kathy Ungerecht, Assistant Principal
 (Pf-St) 651 982-8402
 kungerecht@forestlake.k12.mn.us
 Michelle Baland, Dean (Su-Z)
 651 982-8406
 mbaland@forestlake.k12.mn.us
 Travis Gjerner, Dean (Lo-Pe)
 651 982-8404
 tgjerner@forestlake.k12.mn.us
 Jason Gonnion, Dean (D-Ha)
 651 982-8407
 jgonnion@forestlake.k12.mn.us
 Scott Urness, Dean (Hb-Ln)
 651 982-8405
 surness@forestlake.k12.mn.us

Fosston High School

301 E 1st St
 Fosston, MN 56542-1399
 218 435-1909
 218 435-6340 fax
 www.fosston.k12.mn.us
Counselor(s):
 John Strom, Principal, 218 435-1909
 jstrom@fosston.k12.mn.us

Four Directions Charter School

1113 W Broadway
 Minneapolis, MN 55411
 612 588-0183
 612 588-1844 fax
Counselor(s):
 Ron Buckanaga, Principal
 buckanaga@yahoo.com
 Penny Scheffler, x103

4th Baptist Christian School

900 Forestview Ln N
 Plymouth, MN 55441-5934
 763 417-8240
 763 417-8242 fax
Counselor(s):
 Robert Hazard, x354
 rhazard@fourthbaptist.org

Frazee-Vergas High School

305 Lake St N
 Frazee, MN 56544
 218 334-2981
 218 334-4696 fax
 www.frazeek12.mn.us
Counselor(s):
 Theresa A. Fett
 tfett@frazee.k12.mn.us
 Jaime Nelson
 jjnelson@frazee.k12.mn.us

Fridley High School

6000 Moore Lake Dr W
 Fridley, MN 55432
 763 502-5000
 763 502-5640 fax
 www.fridley.k12.mn.us
Counselor(s):
 Omar Adams, Dean, 763 502-5619
 omar.adams@fridley.k12.mn.us
 Jim Cummings, Dean/Counselor
 763 502-5617
 jim.cummings@fridley.k12.mn.us
 Jessica Pelzel, Dean/Counselor
 763 502-5609
 jessica.pelzel@fridley.k12.mn.us

Fulda High School

410 College Ave N
 Fulda, MN 56131
 507 425-2515
 507 425-2001 fax
Counselor(s):
 Kristin Peltola, 507 425-2514
 kristin.peltola@fps.mntm.org

G.F.W. High School

N Cottonwood St
 Winthrop, MN 55396-1001
 507 647-5382
 507 647-4329 fax
 www.gfw.k12.mn.us/hs.html
Counselor(s):
 Marcia Obenauer
 mobenauer@gfw.k12.mn.us
Glencoe-Silver Lake High School
 1621 E 16th St
 Glencoe, MN 55336
 320 864-2406
 320 864-6475 fax
 www.gsl.k12.mn.us
Counselor(s):
 Suzanne Magnuson
 smagnuson@gsl.k12.mn.us

Glenville-Emmons High School

230 5th St SE
 Glenville, MN 56036
 507 448-2889
 507 448-2836 fax
 www.geschools.com
Counselor(s):
 Beth Hajek
 hajekb@geschools.com

Goodhue High School

510 3rd Ave
 Goodhue, MN 55027
 651 923-4447
 651 923-4083 fax
 www.goodhuepublicschool.net
Counselor(s):
 Emily Staples
 estaples@goodhue.k12.mn.us

Goodridge High School

Box 195
 Goodridge, MN 56725-0195
 218 378-4133
 218 378-4142 fax
 www.goodridge.k12.mn.us
Counselor(s):
 Andrew Almos, Principal
 aalmos@goodridge.k12.mn.us
 Dawn Eckhardt, Talent Search
 Advisor
 dawneckhardt@mail.und.nodak.edu

Grace Christian School
2452 Co Rd 76
Grand Rapids, MN 55744
218 326-0960
218 327-0964 fax
www.grandgrace.org
Counselor(s):
Tom Boyd
school@grandgrace.org

Grace Christian School
600 Lind St
Mankato, MN 56001
507 388-9355
507 345-3111 fax
www.gbckato.org
Counselor(s):
Larry Johnson, Pastor
gracechr@hickorytech.net

**Granada Huntley East Chain
High School**
300 Reynolds, Box 17
Granada, MN 56039-0017
507 447-2211
507 447-2214 fax
www.ghcc.k12.mn.us
Counselor(s):
Bob Grant, Principal
bsg50@hotmail.com
Sherwood Sagedahl
freethrows@hotmail.com

Grand Meadow High School
710 4th Ave NE, Box 68
Grand Meadow, MN 55936
507 754-5310
507 754-5608 fax
www.gm.k12.mn.us
Counselor(s):
Joseph E. Brown, Sr., Superintendent
507 754-5318, x102
jbrown@gm.k12.mn.us
Amy Oian, 507 754-5318
aoian@gm.k12.mn.us

Grand Rapids High School
800 Conifer Dr NW
Grand Rapids, MN 55744-2499
218 327-5760
218 327-5761 fax
www.isd318.org
Counselor(s):
Sheila Anderson, 218 327-5770
sanders1@isd318.org
Jan Bilden, 218 327-5770
jbilden@isd318.org
Carrie Fowler, 218 327-5770
cfowler@isd318.org

Granite City Baptist Academy
1425 Co Rd 134
St. Cloud, MN 56303-0170
320 251-2801
320 251-4997 fax
www.granitecitybaptist.org
Counselor(s):
Dennis D. Campbell, Administrator
baptist@charterinternet.com

Great River School
1326 Energy Park Dr
St. Paul, MN 55108
651 305-2780
651 305-2781 fax
greatriverschool.org
Counselor(s):
Karen Cedars, MSE Licensed School
Counselor, x104
kcedars@greatriverschool.org

**Greenbush-Middle River
High School**
401 Park Ave
Greenbush, MN 56726-0070
218 782-2232
218 782-2165 fax
Counselor(s):
Judy Wollin
jwollin@greenbush.k12.mn.us

Greenway High School
308 Roosevelt St, Box 520
Coleraine, MN 55722-0520
218 245-1287
218 245-6204 fax
www.greenway.k12.mn.us
Counselor(s):
David Dimic, 218 245-6213
daviddimich@greenway.k12.mn.us

Gordon Parks High School
1212 University Ave
St. Paul, MN 55104
651 744-1212
651 744-1208
www.gordonparks.spps.org
Counselor(s):
Pat Her
pat.her@spps.org
Koryn Saunders
koryn.saunders@spps.org

Groves Academy
3200 S Hwy 100
St. Louis Park, MN 55416-9905
952 920-6377
952 920-2068 fax
www.grovesacademy.org
Counselor(s):
Kathy Boone
boonek@grovesacademy.org

Grygla High School
114 Fladeland Ave, PO Box 18
Grygla, MN 56727-0018
218 294-6155
218 294-6766 fax
Counselor(s):
Patti Johnson, 218 294-6155

Guadalupe Alternative Program
381 Robie St E
St. Paul, MN 55107
651 222-0757
651 290-2703 fax
www.gapschool.org
Counselor(s):
Mark Pegors, Principal
mpegors@gapschool.org

Hancock High School
371 Hancock Ave, Box 367
Hancock, MN 56244
320 392-5621
320 392-5156 fax
hancock.k12.mn.us
Counselor(s):
Jerry Martinson
jerry.martinson@hancock.k12.mn.us

Harding High School

1540 E 6th St
St. Paul, MN 55106
651 793-4700
651 293-8912 fax
www.harding.spps.org
Counselor(s):
Ralph Alexander, 651 793-4709
ralph.alexander@spps.org
Erika Huss, 651 793-4729
erika.huss@spps.org
Didi Malaga de Mancilla
651 793-4716
deborah.malaga@spps.org
Leon Neve
leon.neve@spps.org
Alex Santos
alexis.santos@spps.org
Marianna Sullivan, 651 793-4712
marianna.sullivan@spps.org

Hastings High School

200 General Sieben Dr
Hastings, MN 55033-2597
651 480-7488
651 480-7490 fax
www.hastings.k12.mn.us/hhsweb
Counselor(s):
Melissa Bezotte, 651 480-7496
mbezotte@hastings.k12.mn.us
Maydene Anderson-Sprick
651 480-7493
manderson@hastings.k12.mn.us
Kirk Johnson, 651 480-7494
kjohnson@hastings.k12.mn.us
Naomi Marietta, 651 480-7491
nmarietta@hastings.k12.mn.us

Hawley High School

714 Joseph St, Box 608
Hawley, MN 56549
218 483-3555
218 483-4802 fax
www.hawley.k12.mn.us
Counselor(s):
Norma Dauner
ndauner@hawley.k12.mn.us

Hayfield High School

9 SE 6th Ave
Hayfield, MN 55940
507 477-3235
507 477-3230 fax
www.hayfield.k12.mn.us
Counselor(s):
Kathy Connelly, x232
conneka@hayfield.k12.mn.us

Henning High School

500 School Ave
Henning, MN 56551-0015
218 583-2927
218 583-2312 fax
www.henning.k12.mn.us
Counselor(s):
Karla Cronen
kcronen@henning.k12.mn.us

Henry High School

4320 Newton Ave
Minneapolis, MN 55412
612 668-2000
612 668-1993 fax
henry.mpls.k12.mn.us
Counselor(s):
Margaret Cavanaugh, 612 668-1920
mcavanaugh@mpls.k12.mn.us
Shawn Crenshaw, 612 668-1967
screnshaw@mpls.k12.mn.us
Toua Lor, 612 668-1955
toua.lor@mpls.k12.mn.us
Janelle Vogel, 612 668-1935
jvogel@mpls.k12.mn.us
Jenny Zupan-Maiser, 612 668-1935
jzupanmaiser@mpls.k12.mn.us

Henry Sibley Senior High School

1897 Delaware Ave
Mendota Heights, MN 55118
651 681-2354
651 403-7272 fax
www.isd197.org
Counselor(s):
Elizabeth Gjerde, 651 681-2359
gjerdeb@isd197.org
Ann Henry, 651 681-2364
henrya@isd197.org
JoAnn Meyer, Director of Guidance
651 681-2358
meyerj@isd197.org
James Winkoski, 651 681-2353
winkoskj@isd197.org

Heritage Christian Academy

15655 Bass Lake Rd
Maple Grove, MN 55311
763 463-2235
763-463-2298 fax
Counselor(s):
Karen Frank Wallerius, 763 463-2231
kwallerius@heritageemail.org

Heritage Christian School

116 Harding St S, PO Box 300
Karlstad, MN 56732
218 436-2144
218 436-2146 fax
Counselor(s):
Mark Hanson, Administrator
heritage@heritagepatriots.org

Herman-Norcross Community School

504 Lois Ave N, Box 288
Herman, MN 56248
320 677-2291
320 677-2412 fax
Counselor(s):
Jayne Oachs
joachs@hncs.k12.mn.us
Faith Rudnitski
frudnitski@hncs.k12.mn.us

Hermantown High School

4335 Hawk Circle Dr
Hermantown, MN 55811-3648
218 729-8874
218 729-0710 fax
www.hermantown.k12.mn.us
Counselor(s):
Sandi Fogo, x1107
sandifogo@hermantown.k12.mn.us
David Thompson, x1105
davidthompson@hermantown.k12.mn.us

Hibbing High School

800 E 21st St
Hibbing, MN 55746
218 263-3675
218 262-5137 fax
www.hibbing.k12.mn.us
Counselor(s):
Jennifer Anderson, 218 262-0409
jennande@hibbing.k12.mn.us
Matt Hintz, 218 262-0410
matthint@hibbing.k12.mn.us
Cindy Szymonowicz, 218 262-0402
cindszym@hibbing.k12.mn.us

Highland Park Senior High School

1015 Snelling Ave S
 St. Paul, MN 55116
 651 293-8940
 651 293-8939 fax
 www.highlandsr.spps.org
Counselor(s):
 Jesse Kramer
 jesse.kramer@spps.org
 Barbara Kurtz
 barbara.kurtz@spps.org
 Meredith Rambow
 meredith.rambow@spps.org

High School for Recording Arts

550 Vandalia St
 St. Paul, MN 55114
 651 287-0890
 651 287-0891 fax
 www.hsra.org
Counselor(s):
 Tabitha Wheeler, Social Worker
 651 287-0895
 tabithawheeler@hsra.org

Highview Alternative School

5400 Corvalis Ave N
 Crystal, MN 55429
 763 504-8700
 763 504-8709 fax
Counselor(s):
 Gretchen Wurzer
 gretchen_wurzer@rdale.k12.mn.us

Hill City High School

500 Ione Ave
 Hill City, MN 55748-9600
 218 697-2394
 218 697-2594 fax
 www.hillcity.k12.mn.us
Counselor(s):
 Kay Koerber
 kkoerber@hillcity.k12.mn.us

Hillcrest Lutheran Academy

610 Hillcrest Dr
 Fergus Falls, MN 56537-2699
 218 739-3371
 218 739-3372 fax
 www.ffhillcrest.org
Counselor(s):
 Greg Hayek
 ghayek@ffhillcrest.org

Hill-Murray School

2625 Larpenteur Ave E
 Maplewood, MN 55109
 651 777-1376
 651 748-2444 fax
 www.hill-murray.org
Counselor(s):
 George Grau, 651 748-2441
 Jodi Hurley, 651 748-2259
 jhurley@hill-murray.org
 Julie Jackson, 651 748-2493
 jjackson@hill-murray.org
 Mary Jo Rafferty, 651 748-2426
 mrafferty@hill-murray.org

Hills-Beaver Creek High School

205 E 2nd St, Box 547
 Hills, MN 56138
 507 962-3240
 507 962-3238 fax
Counselor(s):
 Dan Ellingson
 dellingson@hbc.mntm.org

Hinckley-Finlayson High School

201 Main St, Box 308
 Hinckley, MN 55037-0308
 320 384-6132
 320 384-6135 fax
 www.hf.k12.mn.us
Counselor(s):
 Kim Flagstad
 kflagstad@hf.k12.mn.us

Holdingsford High School

900 5th St, Box 250
 Holdingsford, MN 56340-0250
 320 746-2221
 320 746-9959 fax
 www.edline.net/pages/holdingsford_hs
Counselor(s):
 Deb Ruzsat, 320 746-4315
 druzsat@holdingsford.k12.mn.us

Holy Trinity

110 Winsted Ave W, PO Box 38
 Winsted, MN 55395-0038
 320 485-2182
 320 485-4283 fax
 www.winstedholyltrinity.org
Counselor(s):
 Wesley Kapping, x2773
 htcounselor@tds.net

Hope Christian Academy

920 Holley Ave, Suite 2
 St. Paul Park, MN 55071
 651 459-6438
 651 769-2108 fax
 www.hopechristianacademy.org
Counselor(s):
 Randy K. Krussow, Principal
 office@hopechristianacademy.org

Hopkins High School

2400 Lindbergh Dr
 Minnetonka, MN 55305
 952 988-4520
 952 988-4623 fax
 www.hopkins.k12.mn.us
Counselor(s):
 Nick Abel
 nick_abel@hopkins.k12.mn.us
 Brad Burnham
 brad_burnham@hopkins.k12.mn.us
 Jean Davidson
 jean_davidson@hopkins.k12.mn.us
 Janice Jodock
 janice_jodock@hopkins.k12.mn.us
 Lydia Kabaka
 lydia_kabaka@hopkins.k12.mn.us
 Dan Sterud
 dan_sterud@hopkins.k12.mn.us

Houston High School

306 Elm St W
 Houston, MN 55943
 507 896-5323
 507 896-4665 fax
 www.houston.k12.mn.us
Counselor(s):
 Crystal Sobotta
 crystal.sobotta@houston.k12.mn.us

Howard Lake-Waverly-Winsted High School

8700 Co Rd 6th SW
 Howard Lake, MN 55349-0708
 320 543-3471
 320 543-4601 fax
 www.hlww.k12.mn.us
Counselor(s):
 Terri Collins
 tcollins@hlww.k12.mn.us

Hubert H. Humphrey Job Corps
1480 Snelling Ave N
St. Paul, MN 55108
651 642-1133
651 641-0548 fax
huberthumphrey.jobcorps.gov
Counselor(s):
Danette Billups, Manager, Outreach
and Admissions, Career Transition
Services, 651 647-0442 x111
billups.danette@jobcorps.org

Humboldt High School
30 E Baker
St. Paul, MN 55107
651 293-8604
651 293-8997 fax
www.spps.org
Counselor(s):
Marlyn Garcia
marilyn.garcia@spps.org
Jason Schlukebier
jason.schlukiebier@spps.org

Hutchinson High School
1200 Roberts Rd
Hutchinson, MN 55350-2198
320 587-2151
320 587-8217 fax
Counselor(s):
David Ellefson, x2696
daveel@hutch.k12.mn.us
Sherry Mischel-Nagy, x2695
sherryn@hutch.k12.mn.us
Andrea Pearson, x2652
andrap@hutch.k12.mn.us

Immanuel Lutheran High School
421 N 2nd St
Mankato, MN 56001
507 345-3027
507 345-1562 fax
www.immanuelmankato.org
Counselor(s):
Doug Libby
doug.libby@immanuelmankato.org

Indus High School
8560 Hwy 11
Birchdale, MN 56629
218 634-2425
218 634-1334 fax
www.indus.k12.mn.us
Counselor(s):
Christine Lundin
clundin@northome.k12.mn.us

International School of Minnesota
6385 Beach Rd
Eden Prairie, MN 55344-5234
952 918-1800
952 918-1801 fax
www.ism-sabis.net
Counselor(s):
Susan Berg, Director
sberg@ism-sabis.net
Diane Taylor
dtaylor@ism-sabis.net

Interdistrict Downtown School
10 S 10th St
Minneapolis, MN 55403
612 752-7122
612 752-7150 fax
www.wmep.k12.mn.us
Counselor(s):
Marilou Grundman
marilou_grundman@wmep.k12.mn.us

Irondale High School
2425 Long Lake Rd
New Brighton, MN 55112-5299
651 621-6825
651 621-6844 fax
www.moundsviewschools.org
Counselor(s):
Karen Aalund, Career/College
Specialist
karen.aalund@moundsviewschools.org
Jean Egeland, Dean
jean.egeland@moundsviewschools.org
Ellen Elmquist, Dean
ellen.elmquist@moundsviewschools.org
Chris Fink, Dean
chris.fink@moundsviewschools.org
Sarah Hatalla, Dean
sarah.hatalla@moundsviewschools.org
Karen Johnson, Dean
karen.johnson@moundsviewschools.org
Leslie Maze, Dean
leslie.maze@moundsviewschools.org
Marvin Sims, Dean
marvin.sims@moundsviewschools.org

Isle High School
730 5th Avw S, Box 25
Isle, MN 56342
320 676-3101
320 676-3966 fax
www.isle.k12.mn.us
Counselor(s):
Loni Olson
lolson@isle.k12.mn.us

**Jackson County Central
High School**
1128 North Hwy
Jackson, MN 56143
507 847-5310
507 847-3078 fax
www.jccschools.com
Counselor(s):
Shirley Anderson
shirley.anderson@jccschools.com

**Janesville-Waldorf-Pemberton
High School**
110 E 3rd St, Box 389
Janesville, MN 56048-0389
507 234-5181
507 234-5135 fax
www.jwp.k12.mn.us
Counselor(s):
Darcy Reed-Bruender
dreed@jwp.k12.mn.us

Jefferson High School
1401 Jefferson St
Alexandria, MN 56308
320 762-7798
320 762-7798 fax
www.alexandria.k12.mn.us/jefferson
Counselor(s):
Linda Maiers
lmaiers@alexandria.k12.mn.us
Marilyn Orgaard
morgaard@alexandria.k12.mn.us
Carrie Urness
curness@alexandria.k12.mn.us

Jefferson High School
4001 102nd St W
Bloomington, MN 55437
952 806-7625
952 806-7901 fax
www.isd271.org/jhs
Counselor(s):
Karen Erickson (Fm-Lan)
952 806-7623
kpericks@bloomington.k12.mn.us
Christy Everett (Lao-Rod)
952 806-7624
ceverett@bloomington.k12.mn.us
Ashleigh Miller (A-FI) 952 806-7622
amiller@bloomington.k12.mn.us
Sandra Mortensen (Roe-Z)
952 806-7619
smortens@bloomington.k12.mn.us

Jennings Community Learning Center

2455 University Ave
St. Paul, MN 55114
651 649-5403
651 649-5408 fax
www.jehs.org
Counselor(s):
Don Link
don@jehs.org
Bill Zimmewicz, 612 695-6039
bill@jehs.org

John Marshall High School

1510 14th St NW
Rochester, MN 55901
507 328-5400
507 281-7312 fax
www.rochester.k12.mn.us/john-marshall
Counselor(s):
Darren Couillard
dacouillard@rochester.k12.mn.us
Cindy Cox
cicox@rochester.k12.mn.us
Henrietta Hemmesch, Social Worker
hehemmesch@rochester.k12.mn.us
Dawn Johnson
dajohnson3@rochester.k12.mn.us
Mary Sorensen
masorensen@rochester.k12.mn.us

Johnson High School

1349 Arcade St
St. Paul, MN 55106
651 290-8396
651 293-6684 fax
governors.spps.org
Counselor(s):
John Eschenbacher, x1176
john.eschenbacher@spps.org
Dan Kennedy, x1171
daniel.kennedy@spps.org
Song Lor, x1177
song.lor@spps.org
Candy Pagel, x1174
candy.pagel@spps.org
Ker Yang, x1178
ker.yang@spps.org

Jordan High School

600 Sunset Dr
Jordan, MN 55352
952 492-4400
952 492-4425 fax
www.jordan.k12.mn.us
Counselor(s):
Robin Whiteside
rwhiteside@jordan.k12.mn.us

Kasson-Mantorville High School

101 16th St NE
Kasson, MN 55944-1610
507 634-2981
507 634-4745 fax
Counselor(s):
Shelly Bielen
s.bielen@komets.k12.mn.us

Kelliher High School

345 4th St NW, Box 259
Kelliher, MN 56650
218 647-8286
218 647-3110 fax
www.kelliher.k12.mn.us
Counselor(s):
Tim Lutz, Superintendent
tlutz@kelliher.k12.mn.us
Betty Mohs, Counseling Office
Aide/Advisor
bmohs@kelliher.k12.mn.us

Kennedy High School

9701 Nicollet Ave S
Bloomington, MN 55420
952 681-5000
952 681-5025 fax
www.bloomington.k12.mn.us/
indschool/JFK
Counselor(s):
John Boyd
jboyd@bloomington.k12.mn.us
Dawn McNeil
dmcneil@bloomington.k12.mn.us
Sara Schnadt
sschnadt@bloomington.k12.mn.us
Megan Willrett
mwillrett@bloomington.k12.mn.us
Karen Zollar
kzollar@bloomington.k12.mn.us

Kenyon-Wanamingo High School

400 6th St
Kenyon, MN 55946
507 789-6186
507 789-6188 fax
www.kw.k12.mn.us
Counselor(s):
Mary Peters Smith, x203
msmith@kw.k12.mn.us

Kerkhoven High School

302 15th St N, PO Box 168
Kerkhoven, MN 56252
320 264-1412
320 264-1410 fax
Counselor(s):
Richie Schieck, Dean of Students
rschieck@kms.k12.mn.us

Kimball High School

100 Hwy 55 W, Box 368
Kimball, MN 55353-0368
320 398-7700
320 398-7733 fax
www.kimball.k12.mn.us
Counselor(s):
Jay Klein, x320
jay.klein@kimball.k12.mn.us

Kingsland High School

705 N Section Ave
Spring Valley, MN 55975-1534
507 346-7276
507 346-7278 fax
www.kingsland.k12.mn.us
Counselor(s):
Lora Clements
clements.lora@kingsland.k12.mn.us

Kittson Central High School

444 Ash St N, Box 670
Hallock, MN 56728-0670
218 843-3682
218 843-2856 fax
www.kittson.k12.mn.us
Counselor(s):
Debbie Gatheridge, x222
dgatheridge@kittson.k12.mn.us

La Crescent High School

1301 Lancer Blvd
LaCrescent, MN 55947
507 895-4467
507 895-4490 fax
www.isd300.k12.mn.us
Counselor(s):
Julie Arentz
julie@isd300.k12.mn.us

Lac Qui Parle Valley High School

2860 291st Ave
Madison, MN 56256
320 752-4800
320 752-4409 fax
www.lqpv.org
Counselor(s):
Paul Lowry (grades 7-8)
plowry@lqpv.org

Lafayette High School

404 Champagne Ave, PO Box 399
Red Lake Falls, MN 56750
218 253-2163
218 253-4480 fax
www.redlakefalls.k12.mn.us
Counselor(s):
Ranae Dalen, x146
rdalen@redlakefalls.k12.mn.us

Lake Crystal-Wellcome Memorial Secondary School

607 Knights Ln
Lake Crystal, MN 56055
507 726-2110
507 726-2283 fax
www.isd2071.k12.mn.us
Counselor(s):
Holly Evans, Counselor, x1210
hevans@isd2071.k12.mn.us

Lake of the Woods High School

236 15th Ave SW, Box 310
Baudette, MN 56623
218 634-2510
218 634-2750 fax
www.lakeofthewoodsschool.org
Counselor(s):
Jenny Cole, Social Worker
jcole@blw.k12.mn.us
Joyce Fadness, Social Worker
jfadness@blw.k12.mn.us
Jeff Nelson
jnelson@blw.k12.mn.us

Lake Park/Audubon High School

429 Lake St, Box 479
Lake Park, MN 56554
218 238-5920
218 238-5910 fax
Counselor(s):
Jayne Jacob
jjacob@lpa.k12.mn.us

Lake Region Christian School

7398 Fairview Rd
Baxter, MN 56425-9692
218 828-1226
218 828-1643 fax
www.lakeregionchristianschool.com
Counselor(s):
Steve Ogren
sogren@lakeregionchristianschool.com

Lake Superior High School

5215 Rice Lake Rd
Duluth, MN 55803
218 529-2468
218 279-3628 fax
www.lshs.net
Counselor(s):
Lucille Hart
lhart@lshs.net

Lakes Area Charter School

(Alexandria Area)
601 Nokomis St W
Osakis, MN 56360
320 859-5302
320 859-5324 fax
www.lakesareacharterschool.org
Counselor(s):
David G. Buker, Executive Director
david-lacs@charterinternet.com

Lakeview Christian Academy

155 W Central Entrance
Duluth, MN 55811
218 723-8844
218 722-7850 fax
www.lca.duluth.mn.us
Counselor(s):
Tiffany Mattson
tiffany.mattson@duluth.k12.mn.us

Lakeview High School

875 Barstad Rd N
Cottonwood, MN 56229
507 423-5164
507 423-5568 fax
www.lakeview2167.com
Counselor(s):
Shelley Buntjer, x1322
shelleybuntjer@lakeview2167.com

Lakeville North High School

19600 Ipava Ave
Lakeville, MN 55044-9261
952 232-3600
952 469-7945 fax
www.lnhs.isd194.k12.mn.us
Counselor(s):
Marne Berkvam, Principal
mlberkvam@isd194.k12.mn.us
Paul Donner, Dean
padonner@isd194.k12.mn.us
Dan McNulty, Dean
dpmcnulty@isd194.k12.mn.us
Cheryl Meger, Dean
cameger@isd194.k12.mn.us
Cary Zahn, Dean
cdzahn@isd194.k12.mn.us

Lakeville South High School

21135 Jacquard Ave
Lakeville, MN 55044
952 232-3300
952 469-8383 fax
www.lshs.isd194.k12.mn.us
Counselor(s):
John Boche
jmboche@isd194.k12.mn.us
Dave Comer
decomer@isd194.k12.mn.us
Dana Cronin
dmcronin@isd194.k12.mn.us
Becky Woessner
bkwoessner@isd194.k12.mn.us

Lancaster Public School

401 Central Ave S, Box 217
Lancaster, MN 56735
218 762-5400
218 762-5512 fax
www.lancaster.k12.mn.us
Counselor(s):
Brad Homstad, Superintendent
bhomstad@lancaster.k12.mn.us
Cory Waling
cwaling@lancaster.k12.mn.us

Lanesboro High School
100 Kirkwood Ave
Lanesboro, MN 55949
507 467-2229
507 467-3026 fax
www.lanesboro.k12.mn.us
Counselor(s):
John Smith
jsmith0220@hotmail.com

Laporte Public School
315 Main St W
Laporte, MN 56461
218 224-2288
218 224-2905 fax
www.laporte.k12.mn.us
Counselor(s):
Mary Shadrick, x101
mary@laporte.k12.mn.us

LeCenter High School
150 Tyrone St W
LeCenter, MN 56057
507 357-6802
507 357-4825 fax
lc.k12.mn.us
Counselor(s):
Kristan Pfarr
pfarr.kristan@lc.k12.mn.us

LeRoy-Ostrander School
406 Main St W, Box 1000
LeRoy, MN 55951-1000
507 324-5741
507 324-5149 fax
www.leroy.k12.mn.us
Counselor(s):
Judy Orum, x221
jorum@leroy.k12.mn.us

Lester Prairie High School
131 Hickory St N
Lester Prairie, MN 55354
320 395-3002
320 395-4204 fax
www.lp.k12.mn.us
Counselor(s):
Christine Mattson
mattson@lp.k12.mn.us

LeSueur-Henderson School
901 Ferry St E
LeSueur, MN 56058
507 665-3305
507 665-6012 fax
www.isd2397.k12.mn.us
Counselor(s):
Stacy Carpenter
scarpenter@isd2397.org

Lewiston-Altura High School
100 Cty Rd #25
Lewiston, MN 55952
507 523-2191
507 523-2286 fax
www.isd857.org
Counselor(s):
Lori Anderson
landerso@isd857.org

Life Christian Academy
707 17th Ave NW
Grand Rapids, MN 55744-2122
218 326-4073
Counselor(s):
Ron Lichtle, Pastor
rlichtle@evtools.org

Lincoln HI High School
421 N Rebecca, Box 9
Ivanhoe, MN 56142
507 694-1540
507 694-1125 fax
www.lincolnhi.org
Counselor(s):
Tina Kanthak
tina.kanthak@ivanhoe.lincolnhi.org

Lincoln High School
2 Hwy 61 E, PO Box 10
Esko, MN 55733
218 879-4673
218 879-6248 fax
www.esko.k12.mn.us
Counselor(s):
Nicole Peterson, x631
npeterson@esko.k12.mn.us

Lincoln High School
300 Garden St S, Box 454
Lake City, MN 55041-1664
651 345-4553
651 345-5894 fax
www.lake-city.k12.mn.us
Counselor(s):
Stacey Bergquist
sbergquist@lake-city.k12.mn.us
Vanessa Myran
vmyran@lake-city.k12.mn.us

Lincoln High School
101 Knight Ave S
Thief River Falls, MN 56701
218 681-8672
218 681-4510 fax
www.trf.k12.mn.us
Counselor(s):
Shelley Cervantes
scervantes@trf.k12.mn.us
Bill Stock
bstock@trf.k12.mn.us

Litchfield High School
901 Gilman Ave N
Litchfield, MN 55355
320 693-2424
320 593-3308 fax
www.litchfield.k12.mn.us
Counselor(s):
Becky Estrada
becky_estrada@litchfield.k12.mn.us
James Musburger
jim_musburger@litchfield.k12.mn.us

Little Falls Community High School
1001 5th Ave SE
Little Falls, MN 56345
320 616-2200
320 616-2210 fax
www.lfalls.k12.mn.us
Counselor(s):
Kolbi Grant
kgrant@lfalls.k12.mn.us
Terry Wasland
twasland@lfalls.k12.mn.us

Littlefork-Big Falls High School

700 Main St
 Little Fork, MN 56653
 218 278-6614
 218 278-6615 fax
 www.isd362.k12.mn.us
Counselor(s):
 Angie Williams, x326
 williams_a@isd362.k12.mn.us

Long Prairie/Grey Eagle Secondary School

510 9th St NE
 Long Prairie, MN 56347
 320 732-2194
 320 732-6470 fax
 www.lpge.k12.mn.us
Counselor(s):
 Jonathan Young, x1018
 jyoung@lpge.k12.mn.us

Loring Nicollet Alternative School

1925 Nicollet Ave S
 Minneapolis, MN 55403
 612 872-3626
 612 872-3601 fax
 www.lnas.org
Counselor(s):
 Mike Haggart
 Loringnicolletalternativeschool@hotmail.com

Lourdes High School

621 Center St W
 Rochester, MN 55902
 507 289-3991
 507 289-4008 fax
 www.rochestercatholic.k12.mn.us
Counselor(s):
 Sarah Groven, Director
 sgroven@rochestercatholic.k12.mn.us
 David Jewison
 djewison@rochestercatholic.k12.mn.us
 Barb Olson
 bolson@rochestercatholic.k12.mn.us

Loyola High School

145 Good Counsel Dr
 Mankato, MN 56001
 507 388-2997
 507 388-3081 fax
 www.mankatoareacatholicschools.org
Counselor(s):
 Ruth Arians, x229
 rarians@macsmn.com
 Jessica Kirschner, x238
 jkirschner@macsmn.com

Lutheran High School

305 5th St NE
 Mayer, MN 55360-0143
 952 657-2251
 952 657-2344 fax
Counselor(s):
 Katie Stifter, x229
 kstifter@lhsmayer.org

Luverne Secondary School

709 Kniss Ave N
 Luverne, MN 56156
 507 283-4491
 507 283-9681 fax
 www.isd2184.net
Counselor(s):
 Craig Nelson
 c.nelson@isd2184.net

Lyle Community School

700 2nd St
 Lyle, MN 55953
 507 325-2201/4146
 507 325-4611 fax
 www.lyle.k12.mn.us
Counselor(s):
 Jim Dusso, Principal
 jdusso@lyle.k12.mn.us

Mabel-Canton High School

316 Fillmore Ave W
 Mabel, MN 55954
 507 493-5422
 507 493-5425 fax
 www.mabelcanton.k12.mn.us
Counselor(s):
 Lana Hollar, x133
 lhollar@mabelcanton.k12.mn.us

MACCRAY High School

711 Wolverine Dr, Box 690
 Clara City, MN 56222-0690
 320 847-2154
 320 847-3239 fax
 www.maccray.k12.mn.us
Counselor(s):
 Melissa Sparks
 sparksm@maccray.k12.mn.us

Madelia High School

320 Buck Ave SE
 Madelia, MN 56062-1836
 507 642-3232
 507 642-3622 fax
 www.madelia.k12.mn.us
Counselor(s):
 Ryan Stotesbery
 ryan.stotesbery@madelia.k12.mn.us

Mahnomen High School

209 1st St SW, Box 319
 Mahnomen, MN 56557
 218 935-2211
 218 935-5921 fax
 www.mahnomen.k12.mn.us
Counselor(s):
 Sheila Helgeson
 shelgeson@mahnomen.k12.mn.us

Mahtomedi High School

8000 75th St N
 Mahtomedi, MN 55115
 651 407-2100
 651 762-2460 fax
 www.mahtomedi.k12.mn.us
Counselor(s):
 John Akins
 john.akers@mahtomedi.k12.mn.us
 Anne Erickson
 anne.erickson@mathomedi.k12.mn.us
 Keith Miley
 keith.miley@mathomedi.k12.mn.us

Mankato East High School

2600 Hoffman Rd
 Mankato, MN 56001-8726
 507 387-7927
 507 387-5314 fax
 www.isd77.k12.mn.us
Counselor(s):
 Heather Krause, x236
 hkraus1@isd77.k12.mn.us
 Kathryn Ojanpa, x239
 kojantp1@isd77.k12.mn.us
 Linda Ring, x237
 lring1@isd77.k12.mn.us

Mankato West High School

1351 Riverfront Dr S, Box 8741
 Mankato, MN 56002
 507 387-3461
 507 387-1502 fax
 www.isd77.k12.mn.us

Counselor(s):

Bill Fredrickson
 bfredr1@isd77.k12.mn.us
 Stephanie Ottmar
 sottma1@isd77.k12.mn.us
 Tom Villagomez
 tvilla1@isd77.k12.mn.us

Maple Grove Senior High School

9800 Fernbrook Ln N
 Maple Grove, MN 55369
 763 391-8700
 763 391-8740 fax
 www.mgsh.district279.org

Counselor(s):

Krista Brenno, Student Assistance
 Counselor, 763 391-8711
 brennok@district279.org
 Janelle Gillis, 763 391-8723
 gillisj@district279.org
 Heather Hernandez (Tue/Wed/Thu)
 763 391-8744
 hernandezh@district279.org
 Darwin Kreft, 763 391-8724
 kreftd@district279.org
 Kathy Nelsen, Career Resource
 Specialist, 763 391-8761
 nelsenk@district279.org
 Connie Pearson, Career Resource
 Center, 763 391-8760,
 763 391-8701=fax
 pearsonc@district279.org
 Donna Speake, 763 391-8715
 speaked@district279.org

Maple Lake High School

200 State Hwy 55 E, Box 820
 Maple Lake, MN 55358-0820
 320 963-7495
 320 963-3170 fax
 www.maplelake.k12.mn.us

Counselor(s):

Judy Sloneker
 slonekerj@maplelake.k12.mn.us

Maple River High School

101 6th Ave NE, Box 515
 Mapleton, MN 56065
 507 524-3918, ext. 235
 507 524-4919 fax
 www.isd2135.k12.mn.us

Counselor(s):

Ann Langworthy
 guidance@isd2135.k12.mn.us

Maplewood Academy

700 N Main
 Hutchinson, MN 55350
 320 587-2830
 320 587-5649 fax
 www.maplewoodacademy.org

Counselor(s):

Carol Ellstrom
 cellstrom@maplewoodacademy.org

Maranatha Christian Academy

9201 75th Ave N
 Brooklyn Park, MN 55428
 763 315-7286
 763 315-7284 fax
 www.maranathachristianacademy.org

Counselor(s):

Chris Olson
 chris.olson@mca.lwcc.org

Marshall County Central High School

Box 189
 Newfolden, MN 56738-0189
 218 874-7225
 218 874-8581 fax
 www.newfolden.k12.mn.us

Counselor(s):

Ken Radke
 kenradke@newfolden.k12.mn.us

Marshall East Campus Learning Alternatives

1420 College Dr E
 Marshall, MN 56258
 507 537-6210
 507 537-7609 fax
 www.marshall.k12.mn.us

Counselor(s):

Fay Prairie, x8003
 fay.prairie@marshall.k12.mn.us

Marshall High School

400 Tiger Dr
 Marshall, MN 56258
 507 537-6920
 507 537-6933 fax
 www.marshall.k12.mn.us

Counselor(s):

Shirley Greenfield
 shirley.greenfield@marshall.k12.mn.us
 Natalie Jerzak
 natalie.jerzak@marshall.k12.mn.us

Marshall School

1215 Rice Lake Rd
 Duluth, MN 55811-2796
 218 727-7266
 218 727-1569 fax
 www.marshallschool.org

Counselor(s):

Mark Hughes, Upper School
 Counselor
 mhughes@marshallschool.org
 Jennifer Mass, College Counseling
 Coordinator
 jmass@marshallschool.org
 Katie Voller-Berdan, Director of
 College Counseling
 kvollerberdan@marshallschool.org

Martin County West High School

16 W 5th St
 Sherburn, MN 56171
 507 764-4671
 507 764-4681 fax
 www.martin.k12.mn.us

Counselor(s):

Justin Williamson
 justin_williamson@martin.k12.mn.us

Martin Luther High School

Box 228
 Northrop, MN 56075-0228
 507 436-5249
 507 436-5240 fax

Counselor(s):

Sharon Patrick

Mayo High School

1420 11th Ave SE
Rochester, MN 55904
507 328-5577
507 328-5505 fax

www.rochester.k12.mn.us/mayo
Counselor(s):

Jennifer Finch-Mitchel, 507 368-5499
jefinch-mitc@rochester.k12.mn.us
Darcy Lindquist, 507 328-5497
dalindquist@rochester.k12.mn.us
Chhomram Ou, 507 328-5496
chou@rochester.k12.mn.us
Darren Saner, 507 328-5613
dasaner@rochester.k12.mn.us

McGregor High School

148 2nd St S, Box 160
McGregor, MN 55760-0160
218 768-2111

218 768-3802 fax
www.mcgregor.k12.mn.us/high
school.html

Counselor(s):

Marsha Doten, x237
mdoten@mcgregor.k12.mn.us

Meadow Creek Christian School

3037 Bunker Lake Blvd NW
Andover, MN 55304-3898
763 427-4595
763 427-3398 fax

www.meadowcreek.com
Counselor(s):

Rebecca Lunderby, x351
rlund@meadowcreeksaints.org

Medford High School

750 2nd Ave SE
Medford, MN 55049-0048
507 451-5250
507 451-6474 fax

www.medford.k12.mn.us
Counselor(s):

Sarah Kortuem, x301
s_kortuem@medford.k12.mn.us

Melrose High School

546 N 5th Ave E
Melrose, MN 56352
320 256-4224
320 256-4311 fax

www.melrose.k12.mn.us
Counselor(s):

Mollie Dusha
mollie_dusha@melrose.k12.mn.us

Memorial High School

600 Harvey St E
Ely, MN 55731
218 365-6166

218 365-6138 fax
www.ely.k12.mn.us

Counselor(s):

Laurie Kess, x212
lkess@ely.k12.mn.us

Menahga High School

216 Aspen Ave SE, Box 160
Menahga, MN 56464
218 564-4141

218 564-5401 fax
www.menahga.k12.mn.us

Counselor(s):

Brian Johnson, Academic Advisor
bjohnson@menahga.k12.mn.us

Mesabi Academy

200 Wanless Ave, PO Box 686
Buhl, MN 55713
218 258-2388

218 258-3268 fax
www.mib.k12.mn.us

Counselor(s):

Tara Fierke
tfierke@mib.k12.mn.us

Mesabi East High School

601 N 1st St W
Aurora, MN 55705
218 229-3321
218 229-3736 fax

Counselor(s):

David Janssen
djanssen@mesabieast.k12.mn.us

Milaca High School

500 Hwy 23 W
Milaca, MN 56353-1147
320 982-7206
320 983-3566 fax

www.milaca.k12.mn.us
Counselor(s):

Mary E. Hastings
mary.hastings@milaca.k12.mn.us
Trina Olson
trina.olson@milaca.k12.mn.us

Minneapolis Non-Public Guidance

425 5th St NE
Minneapolis, MN 55413
612 668-0812

612 668-0813 fax
www.mpls.k12.mn.us

Counselor(s):

Michell Aber
michell.aber@mpls.k12.mn.us
Elisabeth Braun
elisabeth.braun@mpls.k12.mn.us
Tammi Harmon
tammi.harmon@mpls.k12.mn.us
Wanda Holthaus-Monroe
wanda.holthaus-monroe@mpls.k12.mn.us

Minnehaha Academy

3100 River Pwy W
Minneapolis, MN 55406
612 729-8321

612 728-7787 fax
www.minnehahaacademy.net

Counselor(s):

Caleb Bjorklund, Associate Director
of College and Guidance Counseling
bjorklund-caleb@minnehahaacademy.net
Susan McAllister, Director of College
and Guidance Counseling
mcallister@minnehahaacademy.net

Minnesota High School

504 Monroe St N
Minneota, MN 56264
507 872-6175
507 872-5172 fax

www.minneotaschools.org
Counselor(s):

Susan Bowen
sue.bowen@minneotaschools.org

Minnesota New Country School

210 Main St, Box 488
Henderson, MN 56044
507 248-3353

507 248-3604 fax
www.newcountryschool.com

Counselor(s):

Jennifer Wartman
jennwartman@newcountryschool.com

Minnesota Valley Lutheran High School

45638 561st Ave
New Ulm, MN 56073-5507
507 354-6851
507 354-6854 fax
www.mvl.org
Counselor(s):
Jon Ziesemer
jziesemer@mvlhs.org

Minnetonka Christian Academy

3500 Williston Rd
Minnetonka, MN 55345
952 935-4497
952 935-4498 fax
www.mca-sda.com
Counselor(s):
Jane Scott, 952 988-4132
jane_scott@hopkins.k12.mn.us

Minnetonka High School

18301 Hwy 7
Minnetonka, MN 55345
952 401-5811
952 470-5814 fax
www.minnetonka.k12.mn.us
Counselor(s):
Keri Brenden (Rf-Str) 952 401-5823
keri.miller@minnetonka.k12.mn.us
Theresa Exenberger (Es-Her)
952 401-5824
theresa.exenberger@minnetonka.k12.mn.us
Farrah Jennings (Mom-Re)
952 401-5817
farrah.jennings@minnetonka.k12.mn.us
Dan Marek (Bur-Er) 952 401-5818
dan.marek@minnetonka.k12.mn.us
Rachel Ollhoff (A-Buq)
952 401-5816
rachel.ollhoff@minnetonka.k12.mn.us
Phil Trout, College Counselor
952 401-5746
collegeguy@minnetonka.k12.mn.us
Jill Walker (Hes-K) 952 401-5819
jill.walker@minnetonka.k12.mn.us
Mary Beth Wiig (L-Mol)
952 401-5821
marybeth.wiig@minnetonka.k12.mn.us
Kathy Zenk (Sts-Z) 952 401-5820
kathy.zenk@minnetonka.k12.mn.us

Minnewaska Area High School

25122 State Hwy 28 W
Glenwood, MN 56334
320 239-4800
320 239-1362 fax
www.minnewaska.k12.mn.us
Counselor(s):
Kelly Quade, 320 239-1319
kjquade@minnewaska.k12.mn.us

Minnesota State Academy for the Blind

400 6th Ave SE
Faribault, MN 55021-6356
507 384-6700
507 333-4825 fax
www.msab.state.mn.us
Counselor(s):
Connie Telschow, Transition
Coordinator, 507 384-6739
ctelschow@msab.state.mn.us

Minnesota State Academy for the Deaf

615 Olof Hanson Dr, PO Box 308
Faribault, MN 55021
507 332-5451
507 332-5450 fax
www.msad.state.mn.us
Counselor(s):
Carmen Adams, Social Worker
carmen.adams@msad.state.mn.us
Jean Correll
jean.correll@msad.state.mn.us
Paula Detjen
paula.detjen@msad.state.mn.us
Lisa Wasilowski
lisa.wasilowski@msad.state.mn.us

Montevideo High School

1501 William Ave
Montevideo, MN 56265
320 269-7757
320 269-6446 fax
www.montevideoschools.com
Counselor(s):
Kathy Ward
kward@monte.k12.mn.us
Travis Zachman, x1174
tzachman@monte.k12.mn.us

Montgomery-Lonsdale High School

101 2nd St NE
Montgomery, MN 56069
507 364-8111
507 364-8410 fax
www.montlonsdale.k12.mn.us
Counselor(s):
Emily Erwin, 507 364-8155
emily.erwin@montlonsdale.k12.mn.us

Monticello High School

5225 School Blvd
Monticello, MN 55362
763 272-3000
763 272-3009 fax
www.monticello.k12.mn.us
Counselor(s):
Jessica Bailey, 763 272-3006
jessica.bailey@monticello.k12.mn.us
Cindee Hoberg, 763 272-3005
cindee.hoberg@monticello.k12.mn.us
Cindy Ochoa, 763 272-3007
cindy.ochoa@monticello.k12.mn.us

Moorhead High School

2300 4th Ave S
Moorhead, MN 56560
218 284-2300
218 284-2333 fax
www.moorhead.k12.mn.us
Counselor(s):
Toni Bach, 218 284-2313
tbach@moorhead.k12.mn.us
Sarah Miller, 218 284-2315
smiller@moorhead.k12.mn.us
Mary Beth Pilon, 218 284-2319
mpilon@moorhead.k12.mn.us
Jeff Robinson, 218 284-2316
jrobinson@moorhead.k12.mn.us

Moose Lake High School

413 Birch Ave
Moose Lake, MN 55767-0489
218 485-4622
218 485-8681 fax
www.mooselake.k12.mn.us/highschool
Counselor(s):
Bille Jo Steen, x1132
bsteen@mooselake.k12.mn.us

Mora High School

400 E Maple
Mora, MN 55051
320 679-6220
320 679-6238 fax
www.mora.k12.mn.us
Counselor(s):
Barb Petersen
barb_petersen@mora.k12.mn.us
Sara Rossow
sara_rossow@mora.k12.mn.us

Morris Area ISD #769

201 Columbia Ave S
Morris, MN 56267
320 589-4400
320 589-3203 fax
www.morris.k12.mn.us
Counselor(s):
Tammy Roth, K-12 Counselor, x2207
troth@morris.k12.mn.us

Mounds Park Academy

2051 Larpenteur Ave E
St. Paul, MN 55109
651 777-2555
651 748-5585 fax
www.moundsparkacademy.org
Counselor(s):
Molly Bye
mbye@moundsparkacademy.org
Lisa Pederson, 651 748-5520
lpederson@moundsparkacademy.org

Mounds View Area Learning Center

500 10th St N
New Brighton, MN 55112
651 621-6200
651 621-6205 fax
www.moundviewschools.org
Counselor(s):
Mary Eversoll
mary.eversoll@moundviewschools.org
Jeanne Lukens, Dean of Students
jeanne.lukens@moundviewschools.org
Colleen Vinje
colleen.vinje@moundviewschools.org
Laura Welch
laura.welch@moundviewschools.org

Mounds View High School

1900 Lake Valentine Rd
Arden Hills, MN 55112-2899
651 621-7100
651 621-7105 fax
www.moundviewschools.org
Counselor(s):
Amy Alvarez, Dean
amy.alvarez@moundviewschools.org
Kendra Eckman, Dean
kendra.eckman@moundviewschools.org
Jason Hunt, Dean
jason.hunt@moundviewschools.org
Colleen Lavin, Career/College
Counselor
colleen.lavin@moundviewschools.org
Adam McDonald, Dean
adam.mcdonald@moundviewschool.org
Jenifer Miller, Dean
jenifer.miller@moundviewschools.org
Andra Storla, Dean
andra.storla@moundviewschools.org
Angela Vanhee, Dean
angela.vanhee@moundviewschools.org
Scott Wiens, Dean
scott.wiens@moundviewschools.org

Mound-Westonka High School

5905 Sunnyfield Rd E
Minnetrista, MN 55364
952 491-8115
952 491-8119 fax
www.westonka.k12.mn.us/mwhs
Counselor(s):
Ann Baumann, 952 491-8116
baumanna@westonka.k12.mn.us
Tina Kampa, 952 491-8117
kambat@westonka.k12.mn.us
Meg Kozar, 952 491-8118
kozarm@westonka.k12.mn.us

Mountain Iron-Buhl High School

5720 Marble Ave, PO 537
Mountain Iron, MN 55768
218 735-8271
218 735-8217 fax
www.mib.k12.mn.us
Counselor(s):
Tara Fierke
tfierke@mib.k12.mn.us

Mountain Lake Christian School

710 N 11th St, PO Box 478
Mountain Lake, MN 56159
507 427-3900
507 427-3123 fax
www.mtlakechristian.net
Counselor(s):
Dee Ann Stoesz
dstoesz@gomlc.org

Mountain Lake High School

450 12th St, PO Box 400
Mountain Lake, MN 56159
507 427-2323
507 427-3047 fax
www.mountainlake.k12.mn.us
Counselor(s):
Jody Lepp
jlepp@mountainlake.k12.mn.us

Murray County Central High School

2420 28th St
Slayton, MN 56172
507 836-6184
507 836-6375 fax
www.mcc.mntm.org
Counselor(s):
Mary Beech, x4102
mary_beech@mcc.mntm.org

Nashwauk-Keewatin High School

400 2nd St
Nashwauk, MN 55769
218 885-1280
218 885-2910 fax
www.isd319.org
Counselor(s):
Amie Furlong, x106
afurlong@nashwauk.k12.mn.us

Nay-Ah-Shing School

43651 Oodena Dr
Onamia, MN 56359
320 532-4695
320 532-4675 fax
Counselor(s):
Mary Simon, Principal
msimon@nas.k12.mn.us
Samantha Koch
skoch@nas.k12.mn.us

Nevis High School
210 Pleasant Ave, Box 138
Nevis, MN 56467
218 652-3500
218 652-3505 fax
www.nevis.k12.mn.us
Counselor(s):
Jodi Sandmeyer, Principal
prin308@nevis.k12.mn.us
Carol Collins
ccollins@nevis.k12.mn.us

New Dominion School
Box 715
Austin, MN 55912
507 434-8667
507 433-1627 fax
www.nexustreatment.org/treatment/
gerard/g_program.html
Counselor(s):

New Life Academy
6758 Bailey Rd
Woodbury, MN 55129
651 459-4121
651 459-6194 fax
www.newlifeacademy.org
Counselor(s):
Robert Lynn Atkinson, 651 757-4338
lynnatkinson@newlifeacademy.org
Elizabeth Engelhart, 651 757-4312
elizabethengelhart@newlifeacademy.org

New London-Spicer High School
Box 430
New London, MN 56273
320 354-2252
320 354-9001 fax
www.nls.k12.mn.us
Counselor(s):
Linda Lorenzen-Groth
lorenzen@nls.k12.mn.us
Bill Zanin
zaninb@nls.k12.mn.us

New Prague High School
221 12th St NE
New Prague, MN 56071
952 758-1200
952 758-1229 fax
www.np.k12.mn.us
Counselor(s):
Mike Bartusek
mbartuse@np.k12.mn.us
Angela Erickson
aerickso@np.k12.mn.us
Janel Hengel
jhengel@np.k12.mn.us

New Ulm Christian School
315 Payne St S
New Ulm, MN 56073
507 354-3323
Counselor(s):
Pastor Robert Fuller, Principal
drjfjr@comcast.net

New Ulm High School
414 Payne St S
New Ulm, MN 56073-3296
507 359-8430
507 359-7012 fax
www.newulm.k12.mn.us
Counselor(s):
Margaret Weiss
mweiss@newulm.k12.mn.us
Ryan Ziemer
rziemer@newulm.k12.mn.us

New York Mills High School
209 Hayes St, Box 218
New York Mills, MN 56567
218 385-4213
218 385-2551 fax
www.nymills.k12.mn.us
Counselor(s):
Jodi Raser
jraser@nymills.k12.mn.us

Nicollet High School
1 Pine St, PO Box 108
Nicollet, MN 56074
507 232-3448
507 232-3536 fax
www.isd507.k12.mn.us
Counselor(s):
Dana Smith, 507 232-3411
dsmith@isd507.k12.mn.us

Norman County East High School
408 Main Ave W, Box 420
Twin Valley, MN 56584
218 584-5151
218 584-5170 fax
www.nce.k12.mn.us
Counselor(s):
Gregory Lund, Principal
gregl@nce.k12.mn.us
Dave Norman
davidn@nce.k12.mn.us

Norman County West High School
225 2nd Ave E, Box 328
Halstad, MN 56548
218 456-2151
218 456-2193 fax
www.ncw.k12.mn.us
Counselor(s):
Dave Rufsvold, Dean of Students
drufsvold@ncw.k12.mn.us

North Branch Area High School
38175 Grand Ave
North Branch, MN 55056
651 674-1500
651 674-1510 fax
www.northbranch.k12.mn.us
Counselor(s):
Dan Ralston (L-Z) 651 674-1551
dralston@northbranch.k12.mn.us
Ursula Scheele (A-K) 651 674-1552
uscheele@northbranch.k12.mn.us

North High School
1500 James Ave N
Minneapolis, MN 55411
612 668-1755
612 668-1765 fax
www.north.mpls.k12.mn.us
Counselor(s):
George Mountin, 612 668-1713
george.mountin@mpls.k12.mn.us
Alissa Kovala, 612 668-1712
alissa.kovala@mpls.k12.mn.us

North High School

2416 E 11th Ave
 North St. Paul, MN 55109
 651 748-6000
 651 748-6087 fax
 www.isd622.org/north

Counselor(s):

Shirley Jackson, 651 748-6030
 sjackson@isd622.org
 Nicole Renstrom, 651 748-6030
 nrenstrom@isd622.org
 Tom Schmit, 651 748-6030
 tschmit@isd622.org
 Sherri Scheierl, 651 748-6030
 sscheierl@isd622.org
 Lori Tuel, 651 748-6062
 ltuel@isd622.org
 Janice Yamamoto, 651 748-6030
 jyamamoto@isd622.org

Northfield High School

1400 Division St S
 Northfield, MN 55057
 507 663-0636
 507 645-3455 fax
 www.nfld.k12.mn.us/hs

Counselor(s):

Jill Heasley (H-O)
 jill.heasley@nfld.k12.mn.us
 Deb Rasmussen (P-Z)
 deborah.rasmussen@nfld.k12.mn.us
 Kathy Wiertsema-Miller (A-G)
 kathy.wiertsema-miller@nfld.k12.mn.us

Northland High School

316 Main St E
 Remer, MN 56672-9701
 218 566-2352
 218 566-3199 fax
 www.isd118.k12.mn.us

Counselor(s):

Lisa Barber-Tucci, x2017
 tucci@isd118.k12.mn.us

Northome High School

Box 465
 Northome, MN 56661
 218 897-5275
 218 897-5280 fax
 www.northome.k12.mn.us

Counselor(s):

Christine Lundin, x157
 clundin@northome.k12.mn.us

Northwood Christian School

4494 Forsythe Rd
 Littlefork, MN 56653
 218 278-4480
Counselor(s):
 John Vinar, Principal

NRHEG High School

306 Ash Ave S, Box 427
 New Richland, MN 56072
 507 465-3205
 507 465-8633 fax
 www.nrheg.k12.mn.us

Counselor(s):

Tim Stoesz
 tstoesz@nrheg.k12.mn.us

Ogilvie High School

333 School Dr
 Ogilvie, MN 56358
 320 272-5000
 320 272-5072 fax
 www.ogilvie.k12.mn.us

Counselor(s):

Staci Dixon
 staci.d@ogilvie.k12.mn.us

Onamia High School - ISD #480

35465 125th Ave
 Onamia, MN 56359
 320 532-4174
 320 532-4974 fax
 www.onamia.k12.mn.us

Counselor(s):

Brady Hermel
 bhermel@onamia.k12.mn.us

Orono High School

795 Old Crystal Bay Rd
 Long Lake, MN 55356
 952 449-8412
 952 449-8403 fax
 www.orono.k12.mn.us

Counselor(s):

Shana Borgen, 952 449-8411
 sborgen@orono.k12.mn.us
 Jill Sabol, 952 449-8410
 jsabol@orono.k12.mn.us
 Chris Stoebner, 952 449-8422
 cstoebner@orono.k12.mn.us

Orr High School

10690 Hwy 23
 Orr, MN 55771
 218 757-3225
 218 757-3666 fax
 www.isd2142.k12.mn.us

Counselor(s):

Jill Stark
 jstark@isd2142.k12.mn.us

Ortonville High School

200 Trojan Dr
 Ortonville, MN 56278
 320 839-6181
 320 839-2499 fax
 www.ortonville.k12.mn.us

Counselor(s):

Tim Marthaler
 tim.marthaler@ortonville.k12.mn.us

Osakis High School

500 1st Ave E, Box X
 Osakis, MN 56360
 320 859-2192
 320 859-2835 fax
 www.osakis.k12.mn.us/highschool/

Counselor(s):

Stacy Arellano, 320 859-2192
 sarellano@osakis.k12.mn.us

Osseo Senior High School

317 2nd Ave NW
 Osseo, MN 55369
 763 391-8675
 763 391-8792 fax
 www.district279.org/sec/osh

Counselor(s):

Michelle Mazanec, Career & College
 Specialist, 763 391-8666
 mazanecm@district279.org
 Anne Price, 763 391-8677
 pricea@district279.org
 Michelle Schlorf, 763 391-8603
 schlorfm@district279.org
 Sarah Seldon, Co-Dept. Chair
 763 391-8676
 seldons@district279.org
 Jackie Trzynka, Co-Dept. Chair
 763 391-8673
 trzynkaj@district279.org

Owatonna Christian School

265 26th St NW
Owatonna, MN 55060
507 451-3495
507 451-3762 fax
www.owatonnachristianschool.org

Counselor(s):

Andrew Burgraff
aburgraff@gracebaptistministry.org
Shawn Smith
ssmith@gracebaptistministry.org

Owatonna Senior High School

333 School St E
Owatonna, MN 55060-3095
507 444-8800
507 444-8990 fax
www.owatonna.k12.mn.us

Counselor(s):

Vicky Berdan, 507 444-8821
vberdan@owatonna.k12.mn.us
Amanda Bomstad, 507 444-8820
abomstad@owatonna.k12.mn.us
Margo Brockberg, 507 444-8822
mmckaybrockberg@owatonna.k12.mn.us
George Lambaere 507 444-8823
glambaere@owatonna.k12.mn.us

Pacelli High School

311 4th St NW
Austin, MN 55912
507 437-3278
507 433-5693 fax
www.pacellionline.net

Counselor(s):

Laura Sheedy, 507 437-3278
lasheedy@austincatholic.org

PACT Charter School

7250 Ramsey Pkwy E
Ramsey, MN 55303
763 712-4200
763 712-4201 fax
www.pact.charter.k12.mn.us

Counselor(s):

Heather Walsh, x224
mrswalshpact@gmail.com

Park Center High School

7300 Brooklyn Blvd
Brooklyn Park, MN 55443-3395
763 569-7620
763 569-7778 fax
www.district279.org/sec/pcsh

Counselor(s):

Diane Ahlberg, 763-569-7665
ahlbergd@district279.org
Linda Byers, 763 569-7622
byersl@district279.org
Mitzi Heath, Student Support
Counselor, 763 569-7765
heathm@district279.org
Kathy Holladay, 763 569-7624
holladayk@district279.org
Austin Tollerson, 763 569-7623
tollersona@district279.org
Mike Vecellio, 763 569-7626
vecelliom@district279.org

Park Christian School

300 N 17th St
Moorhead, MN 56560
218 236-0500
218 236-7301 fax
www.parkchristianschool.org

Counselor(s):

Jennie Hoven
jhoven@parkchristianschool.org

Park High School

8040 80th St S
Cottage Grove, MN 55016
651 768-3718
651 768-3721 fax
www.sowashco.k12.mn.us/phs/
Counselor(s):

Beth Janey
ejaney@sowashco.k12.mn.us
Paula Miller
pmiller1@sowashco.k12.mn.us
Melissa Munoz
mmunoz@sowashco.k12.mn.us
Dan Powers
dpowers@sowashco.k12.mn.us
Brian Vo
bvo@sowashco.k12.mn.us
Becky Wallerick
rwallerick@sowashco.k12.mn.us

Park Rapids Area High School

401 Huntsinger Ave
Park Rapids, MN 56470
218 237-6400
218 237-6401 fax
www.parkrapids.k12.mn.us

Counselor(s):

Susan Rassier, 218 237-6406
srassier@parkrapids.k12.mn.us
Shelli Walsh, Academic Advisor
218 237-6404
swalsh@parkrapids.k12.mn.us

Parkers Prairie High School

411 Otter Ave S, Box 46
Parkers Prairie, MN 56361-0046
218 338-6011
218 338-4077 fax
www.isd547.com

Counselor(s):

Liz Foley, x156
lfoley@isd547.com

Paynesville Area High School

795 Hwy 23 W
Paynesville, MN 56362
320 243-3761
320 243-4534 fax
Counselor(s):

Jackie Campbell
jcampbell@paynesville.k12.mn.us

Pelican Rapids High School

310 S Broadway, Box 642
Pelican Rapids, MN 56572
218 863-5910
218 863-5915 fax
www.pelicanrapids.k12.mn.us

Counselor(s):

Marlys Ebersviller
mebersvi@pelicanrapids.k12.mn.us

Pequot Lakes High School

30805 Olson St
Pequot Lakes, MN 56472
218 568-9210
218 568-9250 fax
www.pequotlakes.k12.mn.us

Counselor(s):

Annastasia Braam, 218 568-9215
abraam@pequotlakes.k12.mn.us
Christine Palmer, 218 568-9260
cpalmer@pequotlakes.k12.mn.us

Perham High School

200 5th St SE
 Perham, MN 56573
 218 346-6500
 218 346-6504 fax
 www.perham.k12.mn.us
Counselor(s):
 Janet Turgeon
 jturgeon@perham.k12.mn.us

Perpich Center for Arts Education

6125 Olson Memorial Hwy
 Golden Valley, MN 55422
 800 657-3515
 763 591-4747 fax
 www.pcae.k12.mn.us
Counselor(s):
 Jan Antrim, 763 591-4706
 jan.antrim@pcae.k12.mn.us
 Dianne Auger, 763 591-4754
 dianne.auger@pcae.k12.mn.us

Pierz Healy High School

112 Kamnic St
 Pierz, MN 56364
 320 468-6458
 320 468-6577 fax
 www.pierz.k12.mn.us
Counselor(s):
 Jessica Janski, Career Center
 Coordinator, x1213
 jjanski@pierz.k12.mn.us

Pillager High School

323 E 2nd St S
 Pillager, MN 56473
 218 746-3557
 218 746-3406 fax
 www.pillager.k12.mn.us
Counselor(s):
 Sue Turner
 sturner@pillager.k12.mn.us

Pine City High School

1400 Main St S
 Pine City, MN 55063
 320 629-4120
 320 629-4106 fax
 www.pinecity.k12.mn.us
Counselor(s):
 Kim Brubaken (grades 10-12)
 kbrubaken@pinecity.k12.mn.us
 Ken Herzog (grades 7-9)
 kherzog@pinecity.k12.mn.us

Pine Island High School

223 SE 1st Ave
 Pine Island, MN 55963
 507 356-8326
 507 356-8827 fax
 www.pineisland.k12.mn.us
Counselor(s):
 Sarah Taffe, 507 356-8326
 staffe@pineisland.k12.mn.us

Pine River Backus School

810 1st St N, Box 610
 Pine River, MN 56474
 218 587-4425
 218 587-3108 fax
 www.prbackus.k12.mn.us
Counselor(s):
 Bruce Rohne
 brohne@prbackus.k12.mn.us
 Mary Ruth Sigan
 msigan@prbackus.k12.mn.us

Pipestone Area High School

1401 7th St SW
 Pipestone, MN 56164
 507 825-5861
 507 825-6729 fax
 www.pas.k12.mn.us
Counselor(s):
 Ellen Dulas
 ellen.dulas@pas.k12.mn.us

Plainview-Elgin-Millville High School

500 W Broadway
 Plainview, MN 55964
 507 534-3128
 507 534-0174 fax
 www.pem.k12.mn.us
Counselor(s):
 Paul Anderson (grades 7-8)
 panderson@isd2899.k12.mn.us
 Becky Schniepp (grade K-3, 9)
 bschniepp@isd2899.k12.mn.us
 Tricia Shindelar (grades 10-12)
 tshindelar@isd2899.k12.mn.us

Princeton High School

807 S 8th Ave
 Princeton, MN 55371-2163
 763 389-4101
 763 389-5816 fax
 www.princeton.k12.mn.us
Counselor(s):
 Tami Duke
 tami.duke@princeton.k12.mn.us
 Tricia Ford
 patricia.ford@princeton.k12.mn.us
 Sarah Markovich
 sarah.markovich@princeton.k12.mn.us

Prior Lake Christian School

5690 Credit River Rd SE
 Prior Lake, MN 55372
 952 447-7527
 952 447-2837 fax
 www.priorlakebaptist.org/school.html
Counselor(s):
 Landon Miller, Principal
 school@priorlakebaptist.org

Prior Lake High School

7575 W 150th St
 Savage, MN 55378
 952 226-8602
 952 226-8686 fax
 www.priorlake-savage.k12.mn.us
Counselor(s):
 Drew Brabant
 dbrabant@priorlake-savage.k12.mn.us
 Beth Fuller
 bfuller@priorlake-savage.k12.mn.us
 Stacy Germundson
 sgermundson@priorlake-savage.k12.mn.us
 Rachel Malsom
 rmalsom@priorlake-savage.k12.mn.us
 Jennifer Witt
 jwitt@priorlake-savage.k12.mn.us

Proctor High School

131 9th Ave
 Proctor, MN 55810
 218 628-4926
 218 628-4931 fax
 www.proctor.k12.mn.us
Counselor(s):
 Emily Vos, x1048
 evos@proctor.k12.mn.us
 Jim Vos, x1007
 jvos@proctor.k12.mn.us

PYC Alternative School

2210 Oliver Ave N
Minneapolis, MN 55411
612 522-6501
612 643-2079 fax
www.pyc-mpls.org
Counselor(s):
Melissa Knofczynski
mknofczynski@pyc-mpls.org
Katie Laird
kgaffey@pyc-mpls.org

Randolph High School

29110 Davison Ave, Box 38
Randolph, MN 55065
507 263-2151
507 645-5950 fax
www.randolph.k12.mn.us
Counselor(s):
Benjamin Fisher, 507 645-4773 x206
bfisher@randolph.k12.mn.us

Red Lake High School

Hwy 1, Box 499
Red Lake, MN 56671
218 679-3733
218 679-2717 fax
www.redlake.k12.mn.us
Counselor(s):
James Granley, Registrar
jgranley@redlake.k12.mn.us
Julie Praska, College/Career Advisor
x1129
jpraska@redlake.k12.mn.us

Red Rock Central High School

100 6th Ave E, Box 278
Lamberton, MN 56152
507 752-7361
507 752-6133 fax
www.rrcnet.org/education.rrcshigh
_school/index.html
Counselor(s):
Phil Goetstouwers, 507 752-7361
goet@rrcnet.org

Red Wing High School

2451 Eagle Ridge Dr
Red Wing, MN 55066-2696
651 385-4600
651 385-4610 fax
www.redwing.k12.mn.us
Counselor(s):
Jill Eckblad, Career Counselor
jeckblad@redwing.k12.mn.us
Heidi Raasch, Guidance Counselor
651 385-4608
hmraasch@redwing.k12.mn.us

Redwood Valley High School

100 George Ramseth Dr
Redwood Falls, MN 56283
507 644-3511
507 644-3057 fax
Counselor(s):
Rachel Karnitz, 507 644-8266
rkarnitz@redwood.mntm.org
Barbara Sellevold, 507 644-8116
bsellevold@redwood.mntm.org

Renville County West High School

301 3rd St NE, Box 338
Renville, MN 56284
320 329-8368
320 329-8191 fax
www.rcw.k12.mn.us
Counselor(s):
Jeff Wilson, Principal
jwilson@rcw.k12.mn.us
Sarah Reznechek
sreznechek@rcw.k12.mn.us

Richfield High School

7001 Harriet Ave S
Richfield, MN 55423-3000
612 798-6120
612 798-6117 fax
www.richfield.k12.mn.us/rhs
Counselor(s):
Kitt Guerrier
kitt.guerrier@richfield.k12.mn.us
Sara Linde
sara.linde@richfield.k12.mn.us
Jessica Okey
jessica.okey@richfield.k12.mn.us

Rivers Christian School

829 School St
Elk River, MN 55330
612 385-8514
763 441-2150 fax
www.riverschristianacademy.org
Counselor(s):
Ken Mitchell

RLCC High School

100 Governor St
Oklee, MN 56742
218 796-5136
218 796-5139 fax
www.oklee.k12.mn.us
Counselor(s):
Sindy Larson
cynthialarson@mail.und.edu

Robbinsdale Armstrong High School

10635 36th Ave N
Plymouth, MN 55441
763 504-8800
763 504-8767 fax
www.rdale.org
Counselor(s):
Douglas Andrus
douglas_andrus@rdale.org
Jamie Dukowitz
jamie_dukowitz@rdale.org
Antiwan Easley
antiwan_easley@rdale.org
Ali Wilson
ali_wilson@rdale.org

Robbinsdale-Cooper High School

8230 47th Ave N
New Hope, MN 55428
763 504-8520
763 504-8698 fax
www.rdale.org
Counselor(s):
Katie Burkholder, 763 504-8516
katie_burkholder@rdale.org
Jacob Givand, 763 504-8525
jacob_givand@rdale.org
Laura Ritter, 763 504-8524
laura_ritter@rdale.org
Susan Senger, 763 504-8523
susan_senger@rdale.org

Rochester Pentecostal

3657 Sheffield Ln SE
Rochester, MN 55904
507 288-4342
www.pentecostals.org
Counselor(s):
Robert Kaske, Principal
rkaske@yahoo.com

Rockford High School

7600 Co Rd 50, Box 70
Rockford, MN 55373
763 477-5846
763 477-6123 fax
www.rockford.k12.mn.us
Counselor(s):
Nick Jacobs
jacobsn@rockford.k12.mn.us

Rocori High School

534 5th Ave N
Cold Spring, MN 56320
320 685-8683
320 685-4968 fax
www.rocori.k12.mn.us
Counselor(s):
Jennifer Illies
illiesjen@rocori.k12.mn.us
Craig Lieser
lieserc@rocori.k12.mn.us

Rogers High School

21000 141st Ave N
Rogers, MN 55374
763 274-3140
rogerssh.elkriver.k12.mn.us/rogers_ high.cfm
Counselor(s):
Anne Bartus (A-Ha), 763 274-3145 x1608
anne.bartus@elkriver.k12.mn.us
Shannon Macken (He-O)
763 274-3145 x1713
shannon.macken@elkriver.k12.mn.us
Dawn Morrison (P-Z), 763 274-3145 x1609
dawn.morrison@elkriver.k12.mn.us

Roosevelt High School

4029 28th Ave S
Minneapolis, MN 55406
612 668-4845
612 668-4893 fax
www.mpls.k12.mn.us/roosevelt
Counselor(s):
Kyla Clark, 612 668-4811
kyla.clark@mpls.k12.mn.us
Marsha Gaulke, 612 668-4812
marsha.gaulke@mpls.k12.mn.us
Mark Heymans, 612 668-4855
mark.heyman@mpls.k12.mn.us
Travis Wasley, 612 668-4813
travis.wasley@mpls.k12.mn.us

Roseau High School

509 3rd St NE
Roseau, MN 56751
218 463-2770
218 463-3658 fax
www.roseau.k12.mn.us
Counselor(s):
Dan Urness, 218 463-6342
dan_urness@roseau.k12.mn.us

Rosemount High School

3335 142nd St W
Rosemount, MN 55068-4029
651 423-7517
651 423-7888 fax
www.isd196.k12.mn.us/schools/rhs
Counselor(s):
David Bierly
david.bierly@district196.org
Jennifer Boldus
jennifer.boldus@district196.org
Kathleen Colbert
kathleen.colbert@district196.org
Kris Devries
kris.devries@district196.org
Julie Endersbe
julie.endersbe@district196.org
Kym Fenske, School Psychologist
kym.fenske@district196.org
Lori Martinson
lori.martinson@district196.org

Roseville Area High School

1240 Co Rd B-2 W
Roseville, MN 55113
651 635-1662
651 635-1699 fax
www.isd623.org/rahs/
Counselor(s):
Steve Bloom, 651 635-1660
steve.bloom@isd623.org
Mitch Edwards
mitch.edwards@isd623.org
Dian Gardner, Career Center
dian.gardner@isd623.org
Deb Hagen
debra.hagen@isd623.org
Valerie Handstad, Career Center
valerie.handstad@isd623.org
Terry Johnson
terry.johnson@isd623.org
John Kaiser
john.kaiser@isd623.org
Melissa Stoessel
melissa.stoessel@isd623.org
Tom Tillberry
thomas.tillberry@isd623.org

Rothsay High School

123 2nd St NW
Rothsay, MN 56579
218 867-2116
218 867-2376 fax
www.rothsay.k12.mn.us
Counselor(s):
Ehren Zimmerman, Dean of Students
ezimmerman@rothsay.k12.mn.us

Round Lake-Brewster High School

445 Harrison St
Round Lake, MN 56167
507 945-8123
507 945-8124 fax
www.rlb.mntm.org
Counselor(s):
Nate Hanson, Principal
n.hanson@rlb.mntm.org

Royalton High School

120 Hawthorn St S, Box 5
Royalton, MN 56373-0005
320 584-4200
320 584-4201 fax
www.royalton.k12.mn.us
Counselor(s):
Monica Flakus
counselor@royalton.k12.mn.us

RTR High School

100 Strong St, Box 659
 Tyler, MN 56178
 507 247-5911
 507 247-3876 fax
 www.rtrschoools.org
Counselor(s):
 Melea Weaklend
 melea.weaklend@rtrschoools.org

Runestone Regional Learning Center

817 Fillmore St
 Alexandria, MN 56308
 320 762-0627
 320 762-8520 fax
Counselor(s):
 Karen Sinotte
 ksинotte@alexandria.k12.mn.us

Rush City High School

Box 566
 Rush City, MN 55069
 320 358-1267
 320 358-1261 fax
 www.rushcity.k12.mn.us
Counselor(s):
 Erica Oman
 eoman@rushcity.k12.mn.us

Rushford-Peterson High School

102 Mill St N, Box 627
 Rushford, MN 55971
 507 864-7786
 507 864-2085 fax
 www.r-pschoools.com
Counselor(s):
 Jennifer Helgemoe
 jennyhelgemoe@r-pschoools.com

Sacred Heart High School

122 3rd St NW
 East Grand Forks, MN 56721-1804
 218 773-0230
 218 773-7042 fax
 www.sacredheartegf.net
Counselor(s):
 Phillip E. Meyer, Principal
 pmeyer@sacredheartegf.net
 Neal Tepper
 ntepper@aol.com

Saint Bernard's High School

170 Rose Ave W
 St. Paul, MN 55117
 651 489-1338
 651 488-9466 fax
 www.saintbernards-school.org
Counselor(s):
 Ted Simons
 tsimons@saintbernards-school.org

Sartell High School

748 7th St N
 Sartell, MN 56377
 320 656-0748
 320 656-5296 fax
 www.sartell.k12.mn.us
Counselor(s):
 Dawn Brown
 brown@sartell.k12.mn.us
 Phil Corbett
 corbett@sartell.k12.mn.us

Sauk Centre High School

903 State Rd
 Sauk Centre, MN 56378-1698
 320 352-2258
 320 352-3404 fax
 www.isd743.k12.mn.us
Counselor(s):
 Bryce Zieman
 bryce_zieman@isd743.k12.mn.us

Sauk Rapids-Rice High School

1835 Osauka Rd NE
 Sauk Rapids, MN 56379
 320 253-4700
 320 258-1726 fax
 www.isd47.org
Counselor(s):
 Michelle Kremers
 michelle.kremers@isd47.org
 Shayne Kusler
 shayne.kusler@isd47.org
 Mary Levinski
 mary.levinski@isd47.org
 Jen Schlecht
 jennifer.schlecht@isd47.org

School of Environmental Studies

12155 Johnny Cake Ridge Rd
 Apple Valley, MN 55124
 952 431-8750
 952 431-8755 fax
 www.district196.org/ses
Counselor(s):
 Nathan Nelson
 nathan.nelson@district196.org

Sebeka High School

200 1st St NW
 Sebeka, MN 56477-0249
 218 837-5101
 218 837-5967 fax
 www.sebeka.k12.mn.us
Counselor(s):
 Rachel Close, x217
 rclose@sebeka.k12.mn.us

Second Foundation School

1219 University Ave SE
 Minneapolis, MN 55414
 612 378-1014
 www.sfs.pvt.k12.mn.us
Counselor(s):
 Starri Hedges
 sfs@winternet.com
 Lara Martinson
 sfs@winternet.com
 Bob Vincent
 sfs@winternet.com

Shakopee High School

100 17th Ave W
 Shakopee, MN 55379
 952 496-5152
 952 496-5191 fax
 www.shakopee.k12.mn.us
Counselor(s):
 Paul Kelly, 952 496-5169
 pkelly@shakopee.k12.mn.us
 Linda Kotek, Career Center Advisor
 lkotek@shakopee.k12.mn.us
 Mike Jensen, 952 496-5179
 mjensen@shakopee.k12.mn.us
 Erica Lang, 952 496-5187
 elang@shakopee.k12.mn.us
 Jessica Walker 952 496-5164
 jwalker@shakopee.k12.mn.us

Shattuck-St. Mary's School

1000 Shumway Ave, Box 218
 Faribault, MN 55021
 507 333-1630
 507 333-1601 fax
 www.s-sm.org
Counselor(s):
 Anne W. Redmond
 aredmond@s-sm.org
 D. Lynn Redmond
 lredmond@s-sm.org

Sibley East High School
202 3rd Ave NW, Box 1000
Arlington, MN 55307-1000
507 964-2292
507 964-8245 fax
Counselor(s):
Josh Hill, 507 964-8239
jhill@sibley-east.k12.mn.us

Simley High School
2920 80th St E
Inver Grove Heights, MN 55076
651 306-7000
651 306-7016 fax
www.invergrove.k12.mn.us/simley_high_school
Counselor(s):
Jeanne Hutson, 651 306-7006
hutsonj@invergrove.k12.mn.us
Amy Powers-Johnson
powersja@invergrove.k12.mn.us
Denise Swanson, Career Center
Coordinator
swansond@invergrove.k12.mn.us
Jodi Wendel
wendelj@invergrove.k12.mn.us

Sleepy Eye Public High School
400 4th Ave SW
Sleepy Eye, MN 56085
507 794-7904
507 794-5404 fax
www.sleepyeyeschools.com
Counselor(s):
Paige Swanson
paige.swanson@sleepyeye.mntm.org

Sobriety High-East Campus
2055 White Bear Ave
Maplewood, MN 55109
651 748-5256
651 748-5291 fax
www.sobrietyhigh.org
Counselor(s):
Amy Heeren, 651 748-5257
amy.heeran@sobrietyhigh.org

**Sobriety High School-
South Campus**
12156 Nicollet Ave S
Burnsville, MN 55337-1647
952 277-0809
952 277-0814 fax
www.sobrietyhigh.org
Counselor(s):
Sarah May, Director
sarah.may@sobrietyhigh.org
Brian Bossany
brian.bossany@sobrietyhigh.org

Sobriety High-West Campus
5250 W 73rd St, Suite A
Edina, MN 55439
952 831-7212
952 831-7154 fax
www.west.sobrietyhigh.org
Counselor(s):
Judi Hanson
judi.hanson@sobrietyhigh.org

South High School
3131 19th Ave S
Minneapolis, MN 55407
612 668-4300
612 668-4375 fax
www.mpls.k12.mn.us/south
Counselor(s):
Jennifer Bieck, 612 668-4368
jbieck@mpls.k12.mn.us
Don Dilla, 612 668-4370
don.dilla@mpls.k12.mn.us
Kim Friesen, 612 668-4372
kim.friesen@mpls.k12.mn.us
Marie Hassell, 612 668-4373
marie.hassell@mpls.k12.mn.us
Jackie Mosconi, 612 668-4374
jackie.mosconi@mpls.k12.mn.us

**South St. Paul Community
Learning Center**
151 6th St E
South St. Paul, MN 55075
651 450-9966
651 306-3666 fax
www.sspps.org
Counselor(s):
Mindy Guiher
mguiher@sspps.org

South St. Paul High School
700 N 2nd St
South St. Paul, MN 55075-2099
651 457-9408
651 457-9455 fax
www.sspps.org
Counselor(s):
Stacy Jeffrey, Dean (grades 7-8)
651 457-9405
sjeffrey@sspps.org
Chuck Ochocki, Dean (grades 11-12)
651 457-9435
cochocki@sspps.org
Jenita Pace, Career Center Advisor
651 306-3654
jpace@sspps.org
Chad Sexauer, Dean (grades 9-10)
651 457-9417
csexauer@sspps.org

Southland High School
203 2nd St NW
Adams, MN 55909-0351
507 582-3568
507 582-7813 fax
www.isd500.k12.mn.us
Counselor(s):
Sarah Schmit, 507 582-3568
sschmit@isd500.k12.mn.us

Southwest High School
3414 W 47th St
Minneapolis, MN 55410
612 668-3050
612 668-3080 fax
www.mpls.k12.mn.us/southwest
Counselor(s):
Steve Gilbertson
steven.gilbertson@mpls.k12.mn.us
Mary Morseth
mary.morseth@mpls.k12.mn.us
Stacy Redding
stacy.redding@mpls.k12.mn.us
Jean Sherwood
jean.sherwood@mpls.k12.mn.us

**Southwest Minnesota Christian
High School**
550 Elizabeth St
Edgerton, MN 56128
507 442-4471
507 442-5801 fax
www.swmch.org
Counselor(s):
Leland Vanderaa
lvanderaa@yahoo.com

Southwest Star Concept School

PO Box 97
 Okabena, MN 56161-0097
 507 853-4507
 507 853-4642 fax
 www.ssc.mntm.org

Counselor(s):

Becky Cselovszki, Senior Counselor
 btsel@ssc.hlo.mntm.org
 Jen Koep, Social Worker
 jennik@scc.hlo.mntm.org
 Cindy Owen, Dean of Students
 owenc@ssc.hlo.mntm.org

Spring Grove High School

113 2nd Ave NW, Box 626
 Spring Grove, MN 55974-0626
 507 498-3802
 507 498-3470 fax
 www.springgrove.k12.mn.us

Counselor(s):

Lynn Rostad Anderson
 lynn.anderson@springgrove.k12.mn.us

Spring Lake Park High School

8001 Able St NE
 Spring Lake Park, MN 55432
 763 785-5547
 763 785-5584 fax
 www.district16.org

Counselor(s):

Julia Corneil-Smith
 jcorne1@district16.org
 Cary Elhardt
 celhar@district16.org
 Donald Fineran
 dfiner@district16.org
 Brooke Magid-Hart
 bhart@district16.org

Springfield High School

12 S Burns
 Springfield, MN 56087-1299
 507 723-4288
 507 723-4447 fax
 www.springfield.mntm.org

Counselor(s):

Tom Erickson, Principal
 tom.erickson@springfield.mntm.org
 Gigi DeBerg
 gigi.deberg@springfield.mntm.org

St. Agnes Schools (The)

530 Lafond Ave
 St. Paul, MN 55103
 651 228-1161
 651 228-1158 fax
 www.stagnesschools.org

Counselor(s):

Michael Adkins, 651-925-8706
 madkins@saintagnesschools.org
 Kay Weber, Non-public Guidance
 Counselor
 kay.weber@spps.org

St. Anthony Village High School

3303 33rd Ave NE
 St. Anthony, MN 55418
 612 706-1103
 612 706-1140 fax
 www.stanthony.k12.mn.us/hs.html

Counselor(s):

Travis Macleod
 tmacleod@stanthony.k12.mn.us

St. Charles High School

600 E 6th St
 St. Charles, MN 55972
 507 932-4420
 507 932-4700 fax
 www.scschools.net

Counselor(s):

Sara Jo Klubertanz
 sklubertanz@schs.k12.mn.us
 Ellen Rollie, Social Worker
 erollie@schs.k12.mn.us

St. Clair High School

121 Main St W, Box 99
 St. Clair, MN 56080-0099
 507 245-3027
 507 245-3690 fax
 www.isd75.k12.mn.us

Counselor(s):

Amanda Frank, x239
 afrank@isd75.k12.mn.us

St. Cloud Technical High School

233 12th Ave S
 St. Cloud, MN 56301
 320 252-2231
 320 529-4328 fax
 www.stcloud.k12.mn.us/~tech

Counselor(s):

Erin Bloch
 erin.bloch@isd742.org
 Bridget Hanak
 bridget.hanak@isd742.org
 Krisi Lain
 krisi.lain@isd742.org
 Gretchen Van Hauen
 gretchen.vanhauen@isd742.org

St. Croix Lutheran High School

1200 Oakdale Ave
 West St. Paul, MN 55118
 651 455-1521
 651 451-3968 fax
 www.sclhs.org

Counselor(s):

Pastor David Huebner, x121
 dhuebner@sclhs.org
St. Croix Valley ALC
 5640 N Memorial Ave, Ste A
 Stillwater, MN 55082
 651-351-8464
 http://alc.stillwater.k12.mn.us
Counselor(s):
 Lori DeLahunt
 delahunt@stillwater.k12.mn.us

St. Francis High School

3325 Bridge St
 St. Francis, MN 55070
 763 213-1500
 763 213-1691 fax
 www.stfrancis.k12.mn.us

Counselor(s):

Jill Engquist
 jileng@stfrancis.k12.mn.us
 Jaymie Helle
 jayhel@stfrancis.k12.mn.us
 Jill Salo
 jilsal@stfrancis.k12.mn.us
 Tammy Sworsky
 tamsw@stfrancis.k12.mn.us

St. James High School
500 8th Ave S
St. James, MN 56081
507 375-3381
507 375-5438 fax
www.stjames.k12.mn.us
Counselor(s):
Steve Witcraft
switcraft@stjames.k12.mn.us

St. John Lutheran School
15671 158th St NE
Thief River Falls, MN 56701
218 681-7753
218 681-7753 fax
Counselor(s):
Ila Anderson, Principal
stjohnlutheran@wiktel.com

St. John's Preparatory
1857 Watertower Rd, Box 4000
Collegeville, MN 56321
320 363-3315
320 363-3513 fax
www.sjprep.net
Counselor(s):
Sondra Lawrence
slawrence@csbsju.edu
Mary Jo Leighton
mleighton@csbsju.edu

St. Louis Park High School
6425 W 33rd St
St. Louis Park, MN 55426-3498
952 928-6100
952 928-6238 fax
www.slpschools.org
Counselor(s):
Heidi Cosgrove, 952 928-6132
cosgrove.heidi@slpschools.org
Laura King, 952 928-6126
king.laura@slpschools.org
Jean Miller, 952 928-6128
miller.jean@slpschools.org
Barb Nelson, 952 928-6131
nelson.barb@slpschools.org
Andy Wilkes, 952 928-6125
wilkes.andy@slpschools.org

St. Mary's High School
104 St Mary's St NW
Sleepy Eye, MN 56085
507 794-4121
507 794-4841 fax
www.sesmschool.com
Counselor(s):
Meredith Nordby

St. Michael-Albertville High School
5800 Jamison Avenue
St. Michael, MN 55376
763 497-6525
763 497-6587 fax
www.stma.k12.mn.us
Counselor(s):
Kinsey Essler
kinseye@stma.k12.mn.us
Meghan Pettis
meghanp@stma.k12.mn.us
Jennifer Peyerl
jenniferpe@stma.k12.mn.us

St. Paul Academy and Summit School
1712 Randolph Ave
St. Paul, MN 55105
651 698-2451
651 698-6787 fax
www.spa.edu
Counselor(s):
Jill H. Apple, 651 696-1312
japple@spa.edu
Mary F. Hill, 651 696-1419
mhill@spa.edu

St. Paul Non-Public Guidance
1930 Como Ave
St. Paul, MN 55108
651 603-4943
651 603-5023 fax
www.spps.org/guidance/non-publicguidance
Counselor(s):
Joann Ellefson, 651 603-4943
joann.ellefson@spps.org
Nathan Flanders, 651 523-6342
nathan.flanders@spps.org
Jennifer Vinck, 651 696-3328
jvinck@cretin-derhamhall.org
Kay Weber, 651 228-1161
kay.weber@spps.org

St. Paul Open School
90 Western Ave S
St. Paul, MN 55102-2917
651 293-8670
651 293-5308 fax
Counselor(s):
Michael Biermaier
michael.biermaier@spps.org

St. Peter High School
100 Lincoln Dr
St. Peter, MN 56082-1332
507 934-4210
507 934-4783 fax
www.stpeterschools.org
Counselor(s):
Michelle Doose
mdoose@stpeterschools.org
Tom Marten
tmarten@stpeterschools.org

St. Thomas Academy
949 Mendota Heights Rd
Mendota Heights, MN 55120
651 454-4570
651 454-4574 fax
www.cadets.com
Counselor(s):
Steven Bjork, Director of College Counseling
sbjork@cadets.com
Dan Cox
dcox@cadets.com
Howe Siegel
hsiegel@cadets.com

Staples/Motley High School
401 Centennial Ln
Staples, MN 56479
218 894-2431
218 894-2434 fax
www.isd2170.k12.mn.us
Counselor(s):
Penny Olson, Social Worker
polsen@isd2170.k12.mn.us
Ronald Storbakken, Counselor, x216
rstorbakken@isd2170.k12.mn.us

Stephen/Argyle Central School
500 School Ave, Box 68
Stephen, MN 56757
218 478-3314
218 478-3537 fax
www.sac.k12.mn.us
Counselor(s):
Jill Adolphson
jilladolphson@sac.k12.mn.us

Stewartville High School
500 4th St SW
Stewartville, MN 55976-1198
507 533-1438
507 533-4012 fax
www.ssd.k12.mn.us
Counselor(s):
Pam Iverson, 507 533-1616
piverson@ssd.k12.mn.us

Stillwater Area High School
5701 Stillwater Blvd N
Stillwater, MN 55082-5476
651 351-8040
651 351-8049 fax
www.stillwater.k12.mn.us
Counselor(s):
Rebecca Keller, 651 351-8014
kellerrj@stillwater.k12.mn.us
Kristina King
kingk@stillwater.k12.mn.us
Kate Nelson
nelsonk@stillwater.k12.mn.us
Liz Nelson
nelsonl@stillwater.k12.mn.us
Jennfier Prestegaard
prestegaardj@stillwater.k12.mn.us

Swanville High School
Box 98
Swanville, MN 56382
320 547-5100
320 547-2576 fax
www.swanville.k12.mn.us
Counselor(s):
Gene Harthan, Principal
Jayne Glaser, College and Career
Advisor

Tartan High School
828 Greenway Ave N
Oakdale, MN 55128
651 702-8630
651 702-8691 fax
www.tartanhighschool.org
Counselor(s):
Andrea Hager, 651 702-8633
ahager@isd622.org
Saralyn Knudson, 651 702-8633
sknudson@isd622.org
Andrea Kaltved, 651 702-8632
akaltved@isd622.org
Alison O'Brien, 651 702-8635
aobrien@isd622.org
Carrie Sinclair, 651 702-8631
csinclair@isd622.org
Sharlene Langevin, 651 702-8636
slangevin@isd622.org

Totino Grace High School
1350 Gardena Ave NE
Fridley, MN 55432
763 586-6302
763 571-9118 fax
www.totinograce.org
Counselor(s):
Paul Gasner
gasner@totinograce.org
Steve Kahn
stevekahn@comcast.net
Gayle Knopik
gknopik@totinograce.org
Helen Maddix
hmaddix@totinograce.org
Michelle Mucha
mmucha@totinograce.org
Margo Rothenbacher
mrothen@totinograce.org

Tower-Soudan High School
415 N 2nd St, Box 469
Tower, MN 55790
218 753-4040
218 753-6461 fax
www.isd2142.k12.mn.us
Counselor(s):
Joan Kjorsvig
jkjorsvig@isd2142.k12.mn.us

Tracy Area High School
934 Pine St
Tracy, MN 56175
507 629-5500
507 629-5507 fax
www.tracy.k12.mn.us
Counselor(s):
Sonja Langerock
langerocks@tracy.k12.mn.us

Tri-County High School
303 Pembina Tr, Box 178
Karlstad, MN 56732
218 436-2374
218 436-3422 fax
www.tricounty.k12.mn.us
Counselor(s):
David Sorgaard, Principal
dave_sorgaard@tricounty.k12.mn.us
Ken Radke
ken_radke@tricounty.k12.mn.us

Trinity School at River Ridge
601 River Ridge Pkwy
Eagan, MN 55121
651 789-2890
651 789-2891 fax
www.trinityschools.org
Counselor(s):
Mary Lauer, College Guidance
Secretary, x418
mlauer@trinityschools.org

Triton High School-ISD #2125
813 W Hwy St
Dodge Center, MN 55927-0040
507 374-6305
507 374-2447 fax
www.triton.k12.mn.us
Counselor(s):
Becky Martin
bmartin@triton.k12.mn.us

Truman High School
401 E 1st St S, Box 276
Truman, MN 56088-0276
507 776-2111
507 776-3379 fax
www.truman.k12.mn.us
Counselor(s):
John Larson, Superintendent
larsonj@truman.k12.mn.us

Twin Cities Academy High School

835 5th St E
St. Paul, MN 55106
651 284-3528
651 205-4799 fax
Counselor(s):
Holly Garnell, 651 205-4796
hgarnell@gmail.com

Two Harbors High School

1640 Hwy 2
Two Harbors, MN 55616
218 834-8201
218 834-5513 fax
www.isd381.k12.mn.us
Counselor(s):
Kerri Persons
kpersons@isd381.k12.mn.us

Ulen-Hitterdal High School

27 2nd St NW, PO Box 389
Ulen, MN 56088-0273
218 596-8853
218 596-8610 fax
www.ulenhitterdal.k12.mn.us
Counselor(s):
Kent Henrickson, Principal
Therese Vogel, Career Guidance
Assistant
tvogel@ulenhitterdal.k12.mn.us

Underwood High School

100 Southern Ave E
Underwood, MN 56586
218 826-6101
218 826-6310 fax
www.underwood.k12.mn.us
Counselor(s):
John Hamann, Principal
jhamann@underwood.k12.mn.us
Anne Stenoien, college information
astenoien@underwood.k12.mn.us

United South Central High School

250 2nd Ave SW
Wells, MN 56097-1997
507 553-5805
507 553-5929 fax
www.usc.k12.mn.us
Counselor(s):
Patti Lindsey, 507 553-5805
plindsey@usc.k12.mn.us

Unity High School

215 N 1st Ave E
Duluth, MN 55802
218 336-8756
218 336-8770 fax
Counselor(s):
William Crandall, Principal

Upsala Area High School

415 Main St S, Box 190
Upsala, MN 56384
320 573-2176
320 573-2173 fax
www.upsala.k12.mn.us
Counselor(s):
Tim Pahl, Principal
Jayne Glaser, College and Career
320 573-2176

Urban League Academy High School

2201 Blaisdell Ave S
Minneapolis, MN 55404
612 874-9667
612 813-5644 fax
www.mul.org
Counselor(s):
John Ross, Principal

Verndale Public School

411 Brown St SW
Verndale, MN 56481
218 445-5184
218 445-5185 fax
www.verndale.k12.mn.us
Counselor(s):
Tom Nelson
tnelson@verndale.k12.mn.us

Victory Christian Academy

606 36th Ave SE
Rochester, MN 55904
507 289-2966
507 280-6478 fax
Counselor(s):
Pastor Daniel W. Mohler, Principal

Virginia High School

411 S 5th Ave
Virginia, MN 55792
218 749-5437
218 741-8522 fax
www.virginia.k12.mn.us
Counselor(s):
Paula Larson (grades 7-12)
218 742-3908
pklarson@virginia.k12.mn.us

Wabasha-Kellogg High School

2113 Hiawatha Dr E
Wabasha, MN 55981
651 565-3559
651 565-4732 fax
www.wabasha-kellogg.k12.mn.us
Counselor(s):
Jessica Meyer, x254
jmeyer@wabasha-kellogg.k12.mn.us

Wabasso High School

1333 May St, PO Box 69
Wabasso, MN 56293
507 342-7224
507 342-5203 fax
www.wabassoschool.com
Counselor(s):
Gary Thomas
garyt@wabassoschool.com

Waconia High School

1400 Community Dr
Waconia, MN 55387
952 442-0676
952 442-0679 fax
www.waconia.k12.mn.us
Counselor(s):
James Bettcher
jbettcher@waconia.k12.mn.us
Lynette Alger
lalger@waconia.k12.mn.us

Wadena-Deer Creek High School

600 Colfax Ave S
Wadena, MN 56482
218 632-2300
218 632-2399 fax
www.wdc2155.k12.mn.us
Counselor(s):
Toni Kraska, x110
tkraska@wdc2155.k12.mn.us

Walker-Hackensack-Akeley High School

Box 4000
Walker, MN 56484-4000
218 547-4209
218 547-4297 fax
www.wha.k12.mn.us
Counselor(s):
Andrew Dahlby
adahlb@wha.k12.mn.us

Walter H. Maginnis High School

1079 Hwy 292
 Red Wing, MN 55066
 651 267-3639
 651 385-6425 fax
Counselor(s):
 Karen Engen, 651-267-3637
 kengen@rw.doc.state.mn.us

Warren/Alvarado/Oslo High School

224 Bridge St E
 Warren, MN 56762
 218 745-4646
 218 745-7658 fax
 www.wao.k12.mn.us
Counselor(s):
 Jenny Lubinski
 jlubinski@wao.k12.mn.us

Warroad High School

510 Cedar Ave
 Warroad, MN 56763
 218 386-1472
 218 386-1909 fax
 www.warroad.k12.mn.us
Counselor(s):
 Gary W. Olson, 218 386-1820
 gary_olson@warroad.k12.mn.us

Waseca High School

1717 2nd St NW
 Waseca, MN 56093-2299
 507 835-5470
 507 835-1724 fax
 www.waseca.k12.mn.us/sch/hs/whs.htm
Counselor(s):
 Gary Bohm
 bohg@waseca.k12.mn.us
 Marian V. Norell
 norm@waseca.k12.mn.us

Washburn High School

201 W 49th St
 Minneapolis, MN 55409
 612 668-3400
 612 668-3410 fax
 www.mpls.k12.mn.us/wauburn
Counselor(s):
 Herb Crowell
 herb.crowell@mpls.k12.mn.us
 Emily Frankfurth
 emily.frankfurth@mpls.k12.mn.us
 Michelle Terpening
 michelle.terpening@mpls.k12.mn.us

Watertown-Mayer High School

1001 Hwy 25 NW
 Watertown, MN 55388-0368
 952 955-0600
 952 955-0601 fax
 www.wm.k12.mn.us/hs/hs.html
Counselor(s):
 Marsha Gilbertson
 mgilbertson@wm.k12.mn.us

Waterville-Elysian-Morristown High School

500 Paquin St E
 Waterville, MN 56096
 507 362-4431
 507 362-4561 fax
 www.wem.k12.mn.us
Counselor(s):
 Carol Heemeyer, x233
 heemecar@wem.mn.k12us.com

Waubun High School

1013 3rd St, Box 98
 Waubun, MN 56589
 218 473-6171
 218 473-6191 fax
 www.waubun.k12.mn.us
Counselor(s):
 Jamie Nelson
 jamien@waubun.k12.mn.us
 Julie Smith, 218 473-6146
 julies@waubun.k12.mn.us

Wayzata High School

4955 Peony Ln N
 Plymouth, MN 55446
 763 745-6630
 763 745-6632 fax
 www.wayzata.k12.mn.us
Counselor(s):
 John Batalden
 john.batalden@wayzata.k12.mn.us
 Sarah Bennett
 sarah.bennett@wayzata.k12.mn.us
 Mark Elias
 mark.elias@wayzata.k12.mn.us
 Brian Gildemeister 763 745-6635
 brian.gildemeister@wayzata.k12.mn.us
 Royce Kloehn
 royce.kloehn@wayzata.k12.mn.us
 Jennifer Landy
 jennifer.landy@wayzata.k12.mn.us
 Cynthia McGunnigle
 cynthia.mcgunnigle@wayzata.k12.mn.us
 Lisa Mielke
 lisa.mielke@wayzata.k12.mn.us
 Jane Stapleton
 jane.stapleton@wayzata.k12.mn.us

Wellstone International High School-Minneapolis Public Schools

4029 28th Ave S
 Minneapolis, MN 55406
 612 668-5070
 612 668-5080 fax
 www.mpls.k12.mn.us
Counselor(s):
 Michael Bradley, Principal
 612 668-5071
 michael.bradley@mpls.k12.mn.us

West Central Area Secondary School

301 Co Rd 2
 Barrett, MN 56311
 320 528-2650
 320 528-2609 fax
 www.westcentralareaschools.net
Counselor(s):
 Kraig Hunter, x302
 khunter@wca.k12.mn.us

West Lutheran High School

3350 Harbor Ln N
 Plymouth, MN 55447-5255
 763 509-9378
 763 509-0861 fax
 www.wlhs.net
Counselor(s):
 Adam Wiechmann
 warriors@wlhs.net

Westbrook-Walnut Grove High School

344 8th St, Box 129
 Westbrook, MN 56183-0129
 507 274-6111
 507 274-6113 fax
 www.wwgschools.org
Counselor(s):
 Mona Ourada, x16
 ouradafac@westbrook.mntm.org

Wheaton Area High School

1700 3rd Ave S
 Wheaton, MN 56296
 320 563-8282
 320 563-4218 fax
 www.wheaton.k12.mn.us/~hs
Counselor(s):
 Faith Rudnitski, x152
 frudnitski@wheaton.k12.mn.us

White Bear Lake Area High School North Campus

5045 Division Ave
 White Bear Lake, MN 55110-6699
 651 653-2920
 651 653-2630 fax
 www.whitebear.k12.mn.us/hsnc/home_page.htm
Counselor(s):
 Jennifer Kalenowski
 jrkale@wbl.whitebear.k12.mn.us
 Kelly Neff
 kbneff@wbl.whitebear.k12.mn.us
 Brian Merhar
 bpmerh@wbl.whitebear.k12.mn.us

White Bear Lake High School South Campus

3551 McKnight Rd
 White Bear Lake, MN 55110-5599
 651 773-6222
 651 773-6264 fax
 www.whitebear.k12.mn.us/hssc
Counselor(s):
 Jeff Nowak
 jwnowa@wbl.whitebear.k12.mn.us
 Ryan Poepard
 rdpoep@wbl.whitebear.k12.mn.us
 Josie Robinson
 jmrobi@wbl.whitebear.k12.mn.us
 Rochelle Vavricka
 rlavr@wbl.whitebear.k12.mn.us

William M. Kelley High School

137 Banks Blvd
 Silver Bay, MN 55614
 218 226-4437
 218 226-3127 fax
 www.isd381.k12.mn.us
Counselor(s):
 Roger Koster, Dean of Students
 x8103
 rkoster@isd381.k12.mn.us

Willmar High School

2701 30th St NE
 Willmar, MN 56201-3499
 320 231-8300
 320 231-8460 fax
 www.willmar.k12.mn.us
Counselor(s):
 Kristy Maher
 maherk@willmar.k12.mn.us
 Leah Oestreich 320 231-8323
 oestreichl@willmar.k12.mn.us
 Sharon Tollefson
 tollefsons@willmar.k12.mn.us

Willow River High School

8142 Pine St, Box 66
 Willow River, MN 55795
 218 372-3131
 218 372-3132 fax
 www.willowriver.k12.mn.us
Counselor(s):
 Dennis Ervin
 dervin@willowriver.k12.mn.us
 Bambi Neumann x248
 bneumann@willowriver.k12.mn.us

Windom Area High School

1400 W 17th St
 Windom, MN 56101-1147
 507 831-6910
 507 831-6909 fax
 www.windom.k12.mn.us
Counselor(s):
 Jenni Squires, x302
 jenni.squires@windom.k12.mn.us

Win-E-Mac High School

23130 345th St SE
 Erskine, MN 56535-9468
 218 687-2236
 218 563-2902 fax
Counselor(s):
 Kevin Mckeever
 kmckeever@win-e-mac.k12.mn.us

Winona High School

901 Gilmore Ave
 Winona, MN 55987
 507 494-1521
 507 494-1509 fax
 www.winona.k12.mn.us
Counselor(s):
 Terry Bauer
 theresa.bauer@winona.k12.mn.us
 Maryann Dennis
 maryann.dennis@winona.k12.mn.us
 Karen Whitney-Thrune
 karen.whitney-thrune@winona.k12.mn.us

Woodbury High School

2665 Woodlane Dr
 Woodbury, MN 55125
 651 768-4400
 651 768-4423 fax
 www.sowashco.k12.mn.us/whs
Counselor(s):
 Paige Brier, Counseling Secretary
 651 768-4430
 pbrier@sowashco.k12.mn.us
 Kathy Dornfeld, 651 768-4413
 kdornfel@sowashco.k12.mn.us
 Nancy Fesler (K-M) 651 768-4431
 nfesler@sowashco.k12.mn.us
 Merry Holden (A-D) 651 768-4433
 mholden@sowashco.k12.mn.us
 Laurie Johnson (Sk-Z) 651 768-4432
 ljohnson@sowashco.k12.mn.us
 Jeri Olson (E-J) 651 768-4434
 jolson3@sowashco.k12.mn.us
 Career Center, 651 768-4414

Woodcrest Baptist Academy

6875 University Ave NE
Fridley, MN 55432
763 571-6410
763 571-3978 fax
Counselor(s):
Loren Isaacs
loren.isaacs@woodcrestbaptist
academy.org

Zumbrota-Mazeppa High School

705 Mill St
Zumbrota, MN 55992
507 732-7395
507 732-4511 fax
www.zmschools.us
Counselor(s):
Angela Hunstad
ahunstad@zmsch.k12.mn.us

**Are we missing a
high school?**

Drop us an e-mail at
materials@ohe.state.mn.us
with the school's name and
address.

Worthington High School

1211 Clary St
Worthington, MN 56187
507 727-1133
507 372-4304 fax
www.isd518.net
Counselor(s):
Jan Larson
jan.larson@isd518.net
Dan Schnelle
dan.schnelle@isd518.net

Wrenshall High School

207 Pioneer Dr
Wrenshall, MN 55797-0068
218 384-4274
218 384-4293 fax
www.wrenshall.k12.mn.us
Counselor(s):
Jamie B. Savre, x1106
jsavre1@wrenshall.k12.mn.us

Yellow Medicine East High School

450 9th Ave
Granite Falls, MN 56241-1399
320 564-4083
320 564-4782 fax
www.isd2190.org
Counselor(s):
Valerie Skjefte, x104
vskjefte@yme.k12.mn.us

Zimmerman High School

25900 4th St W
Zimmerman, MN 55398
763 241-3505
763 241-3506 fax
www.zhs.elkriver.k12.mn.us
Counselor(s):
Jackie Brenny (A-M) x2927
jaclyn.brenny@elkriver.k12.mn.us
Jacy Shrestha (N-Z) x2805
jacy.shrestha@elkriver.k12.mn.us